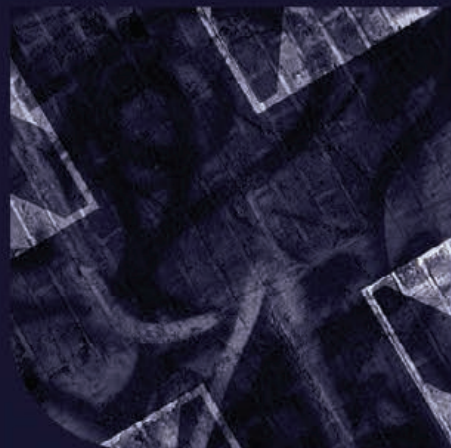




EVERYONES A GANGSTER. THESE DAYS

NOW THEN.

A MAGAZINE FOR SHEFFIELD. CHRIS BOURKE. BISON. COOLING TOWERS.



NOW THEN MAGAZINE. AN OPUS CREATION.

EDITORIAL TEAM.	JAMES LOCK. NICK BOOTH.
MUSIC.	REG REGLER.
DESIGN.	WINSTON SMITH.
LOGISTICS.	CATRIONA HEATON.
PICTURE EDITOR.	JOANNA SUTHERLAND.
AD DESIGN.	CHRIS PRITCHARD.

NOW THEN MAGAZINE IS PRINTED BY PRINTABILITY.

PICTURES.

A FEW CHOICE IMAGES FROM THE MONTH'S STORIES.

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NOW THEN.

MAY 2008.

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COUNCIL HOUSING.
B.N.P.
WORDLIFE.
CHRIS ROURKE.
SOUNDCHECK.
REVIEWS.
BISON.
OPUS.
FAVOURITES.

WE AIM.

TO INFORM PEOPLE HONESTLY.
TO RAISE AWARENESS OF INDEPENDENT ART, LITERATURE, MUSIC AND TRADE.
TO REVEAL THE LINKS BETWEEN ART, MUSIC, LITERATURE, CULTURE AND LOCAL POLITICS.
TO CREATE A PRO-ACTIVE COMMUNITY, WHICH REFLECTS AND ACTS IN AN INFORMED MANNER ON CULTURAL AND SOCIAL ISSUES.
TO CULTIVATE AND EMPOWER INDEPENDENT CHOICE, VOICE AND RESPONSIBILITY.

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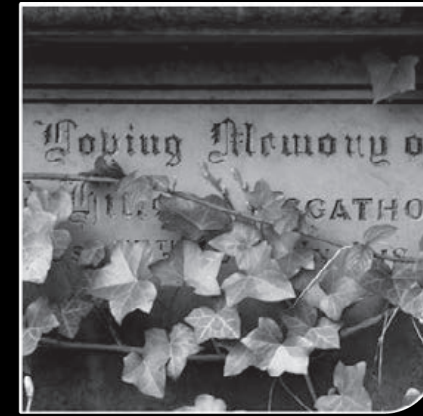
A LIST OF WORDS THAT MEAN THINGS WHICH MEAN ARTICLES.

PAGE TWO.



NUMBER TWO THEN.
Glad to be here. A big thanks to everyone who lent a hand. Great launch show as well. Feel free to join our message board on NOWTHENSHEFFIELD.COM if you've got anything you'd like to tell us. Now Then. This month we've got fantastic art work from Chris Rourke - lino prints are a right mission. Dedication. We've got news from Sheffield Homes to our new 42 day 'lose-your-rights' laws. Contributors this month include the now famous on sight, M.D. Hudson, alongside our now standard Star disposal. This month Sheffield legends Bison plus Phlegm Comic pays tribute to the Cooling Towers and the dedicated work of 'Go' magazine. Spread the word.

JAMES. NICK.



CEMETERY PARK.

A cemetery may seem like a pretty odd place to spend your day off with your mates. However, there are a group of people in our fair city who like nothing better than to do just that. No, they aren't Goths. They are the volunteers of Sheffield General Cemetery Trust and they want you to join them.

The cemetery was established in 1836 in what was then a quiet and remote location. The areas subsequently springing up around it include Ecclesall Road and Sharrow, leaving it in one of the city's most bustling locations. Nevertheless, many of those living nearby don't capitalise upon this magical hidden treasure. The site holds nine listed monuments and demonstrates the changing architectural styles of almost 200 years of morbid design. Furthermore, the cemetery acts as the key to the forgotten histories of thousands of ordinary and not so ordinary Sheffield folk. In addition, this location provides a habitat for a range of wildlife and plants.

The Sheffield General Cemetery Trust holds a whole range of events for the public. If you want to find out more about the environmental features and get involved in conservation, pop along to Dig in on Tuesday 27th May at 10am. For an overview of the history and residents of the cemetery, turn up at 2pm on Sunday 1st June. Even if none of these events appeal why not wander through next time you're at a loose end and soak up the beauty of the nature and architecture of one of Sheffield's quirky gems? One thing's for sure - this cemetery's far from dead!

gencem.org

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ENVIRONMENT WEEK.

Many of us wish there were more fun and accessible ways we could get involved with our local environment, but don't know where to start looking. In fact, there are many wonderful environmental groups running a massive range of activities in our fair city as we speak.

Throughout May, the activities of 60 such groups are being co-promoted under the banner of Sheffield Environment Weeks. This programme aims to demonstrate how easy making a difference can be by providing an opportunity for people to drop-in to the wide variety of activities Sheffielders undertake in the wild. The 200+ events in the festival include Walks; Talks; Gardening Projects; Bird Watching; Conservation Tasks; Training Days; Plant Sales; Children's Events; Visits and Nature Trails; Exhibitions; Clean Ups; and Open Days. The team behind Sheffield Environment Weeks suggest that there are three key ways to get involved:

AT HOME

Begin to think about your impact on your environment and how that might be changed.

FOR THE MORE ACTIVE

Attend events run by groups in your area or covering topics you are interested in. Join a group and become an active member. Encourage a representative from your group to come to the planning meetings for 2009.

ALTERNATIVELY

Become a sponsor. You don't need to make a huge donation. Lots of small sums of money soon add up.

FIND OUT MORE AT -
sheffieldenvironment.org
or look out for the paper programme at your local library.



NORTHERN REFUGEE CENTRE.

The mainstream media has produced a great deal of hype surrounding the issue of refugees and asylum seekers in Great Britain.

Some commentators feel that tensions develop in response to a lack of integration. Others suggest that the diversity that immigrants bring to our society is part of what makes Britain great.

Whichever side of this debate you fall on, everyone who has travelled abroad has experienced that 'lost in translation' sentiment at some point. Many new arrivals to our country are desperate to gain a greater insight into British life and culture but find themselves closed out by language, unemployment and discrimination.

The Northern Refugee Centre set up the Time Together Mentoring project to help new arrivals to Sheffield overcome their alienation. Become a Time Together Mentor, and you can personally help a refugee onto the path to integration and a full life in the UK.

Mentors help their "mentee" work towards specific goals, related to education, employment and integration in the UK. You'd do this by spending at least 5 hours a month with your mentee over the period of one year, sharing your knowledges, experience and friendship, and helping them feel more at home in the UK.

This might mean doing anything from helping them write a CV, practicing their English, or visiting the sights, to understanding the peculiarities of British humour.

nrcentre.org.uk

CALL
0114 241 2780

LOCAL.

REGENERATION.

V.
1. TO FORM, CONSTRUCT,
OR CREATE ANEW,
ESPECIALLY IN AN
IMPROVED STATE.

2. TO GIVE NEW LIFE OR
ENERGY TO; REVITALIZE.

IT SEEMS WE CAN'T ESCAPE FROM THIS CONCEPT OF CHANGE. AS THE BUZZ WORD OF SHEFFIELD, IT IS CONSTANTLY THROWN AROUND, BUT IS THERE ANY DEPTH TO THE MOST OVERUSED EXPRESSION IN SOUTH YORKSHIRE? OR ARE WE MERELY LEFT CONFUSED AS TO HOW SOON WE WILL SEE THE RESULTS OF MILLIONS OF POUNDS OF INVESTMENT. FOR MUCH OF SHEFFIELD, REGENERATION MEANS DEMOLITION, DISRUPTION AND UNCERTAINTY.

The pressure of other leading northern cities, such as Manchester and Leeds means that the harsh reality of change is inevitable, and for the next few years Sheffield will have to play catch up. But at who's expense? Investigating the city's two major redevelopments, The Moor and The New Retail Quarter (Seven Stones) we found the issue to be far more complex than we first assumed.

In an age where market stalls have to compete with the national retail giants, our very own Castle Market is having an extreme makeover. Plans are underway to uproot stall holders and relocate to brand new modern age facilities on The Moor.

This whole area will be regenerated, creating a new indoor market, modern shop units, student and private apartments and office space.

And with thanks to the private investors the multi million pound venture will cost the tax payer nothing. Yes really!

Looking through rose-tinted spectacles it seems the most attractive option for all. But the glasses are on the floor now and we are starting to worry for some of the market stall holders. Where there are winners there are always losers.

"The inside stall holders are generally up for it. That area of town is in need of regeneration. Although there is some resistance - the private developers don't want outside stall holders in this area - so we are trying to find an alternative for them, such as on Earl Street." Richard Eyre, City Centre Manager for Sheffield City Council said.

As well as outside stall holders being left homeless, Richard also confirmed rumours that there would not be space for indoor traders who no longer cater for today's consumers.

And what about the cost... Lee Holbrook of All Seasons Fruit and Veg, Castle Market said: "They are saying rents are going to be very much parallel to now, but they are always going up and the pitches are going to be smaller.

"I think it is going to be for the best, the area is starting to decline and the market itself is 20 years out of date. The student accommodation will provide a new customer base. The Moor is the other side of town so some won't travel there; I think you will always lose business but hopefully we will gain more."

Lee agrees that this is an exciting opportunity which is led by the need and desire for change, as hurtful as it may be to those most disrupted. Should we be bitter when Sheffield is making an effort to resurrect an endangered culture?

"People's ideas of markets need to change. The Moor is not the ideal place, the current area near Fargate would be better, but we will always be playing second fiddle to the planners."

Despite false promises in the past, traders are optimistic that the changes will definitely be followed through this time.

"I think it will happen but not in the time they say. They gave 2008 at first, then 2009, now it is more likely to be late 2010."

The next few years will be tough for the traders, who are constantly trying to increase sales against the current of public hesitance, falling standards of facilities and ever increasing rents.

This uncertainty has left the remaining traders in limbo with nothing to do but wait. Let's hope that the regeneration comes before the disintegrating trade becomes extinct.

WHERE DO YOU DO YOUR SHOPPING?

We ask this question because it will probably change within the next 5 years. The council along with private investors have commenced their £600 million master plan to put Sheffield at the forefront of retail shopping in the north. The new retail quarter Seven Stones will redevelop 23 acres of city centre land, providing an area for more shops and outlets.

Compulsory purchase orders have been put in place, meaning the council have forced businesses to either sell-out or relocate. The consequences are already evident. Windows have been boarded up and the to-let signs are all along Trafalgar Street, Devonshire street, Wellington street, Pinstone Street, Carver street, Charter row... pretty much everywhere apart from Fargate. Sheffield's character and personality is being demolished in front of us; are we just going to become another clone city?

With the anchor stores waiting like vultures, will it be the case that in a few years time you will be stood on Devonshire Street and could be anywhere in the world?

Lost in a maze of Starbucks and Costa, all in the name of "regeneration".

"People are spending money in Manchester and Leeds, not Sheffield, we need to address the problem." Ron Rees, Seven Stones project director said.

"We want to provide shops that don't exist in Sheffield. It will draw people back to the city because people will come here to do their big shopping. We have more than Meadowhall can offer with open space, greenery and the architecture."

Still baffled by why the council would want to get rid of the back-bone of the community, and those who have stayed loyal to the city; there's an anxiety as to what will happen to the remaining independent shops.

An anonymous shop owner in Barkers Pool said: "It is hard because we have been around for many years and when you have built something up for so long, you don't want to let it be thrown away.

"You can't move everyone because there is so many of us having to move.

"They have offered me some compensation, if you don't put up a fuss you get something extra."

The council and chain stores have bulldozed their way in, with only three serious complaints, all from national businesses. It seems the independent shops are a sitting target.

"We would love the shops of Division Street and surrounding areas to stay, they offer something more to shoppers, however the rentals may pressure some of them."

Ron Reese said. "The rents have been restrained for a long time anyway because we weren't attracting the customers, when the work is completed we will be bringing the rents closer to other cities." "Many of the shops in the Cambridge Street retail quarter were lower-end shops. Some of them were incorporated into the scheme but they need to afford the rentals."

The big names will draw people in and pull Sheffield out of the shadow of Manchester and Leeds; but they will still have one over on us, because they have the backing of the city in their independent quarters.

"We are all different cities. Manchester is in a completely different division to Sheffield. It is going to take decades to get there but the retail quarter is one of the key parts of the master plan which we started in 2000."

It's a vicious circle, the city needs big names to attract customers, but in the process of doing so, our originality is lost. It is easier for the chain stores to get a lease, especially when they work so closely with the developers. John Lewis has demanded a new site on Wellington Street's fire station before any other work can begin, pushing the finish date to 2013.

Looking around, it's quite depressing, but even those worst affected see this as a positive, including the shop owner we spoke to:

"A lot of the changes will be for the best. I think what Sheffield is or was needs to be forgotten, it is too old. It is only in the last 10 years that it has started to improve."

In this city there is a danger of brooding over how we once were, when really we should be anticipating what we could be. As much as we were scared of losing the heart of the city, in reality, bringing new shops into the area will quite possibly be its saving grace, and those worst affected are the first to admit this. Maybe we should not be looking at the definition of regeneration, instead understanding the word change.

KATIE DUROSE.
HELEN BARNETT.

CASTLE MARKET.

PAGE FIVE.

THE MAN'S PLANS FOR OUR CITY.

PURCHASE ORDERS.

THE MAN'S PLANS FOR OUR CITY.

ON APRIL 1ST THE SECOND READING OF THE CONTROVERSIAL COUNTER-TERRORISM BILL TOOK PLACE IN PARLIAMENT.

OVER THE NEXT FEW MONTHS, MPS WILL BE ASKED TO VOTE ON KEY ASPECTS OF THE BILL, INCLUDING PROPOSED POWERS TO DETAIN SUSPECTS FOR UP TO 42 DAYS WITHOUT CHARGE. DURING THIS TIME, SUSPECTS DO NOT NEED TO BE INFORMED OF EVEN THE REASON FOR WHICH THEY ARE BEING HELD.

Gordon Brown is attempting to convince parliament that this period of detention is necessary to fight terrorism. Among those who are vociferously denying this claim are the former Lord Chief Justice Woolf, former Lord Justice of Appeal Lloyd, the Crown Prosecution Service's Head of Counter-Terrorism, Sue Hemming, and Lord Paul Condon, former Metropolitan Police Commissioner. Many are also voicing legitimate concerns that the use of such laws will promote terrorism in the UK, as it did in Northern Ireland in the 1970s when similar measures helped fuel a massive IRA recruitment drive.

The UK already has a 28 day period of pre-charge detention - the most draconian in the 'free' West. To put this in context, the limit in the United States is 2 days. France, Germany, Italy, Spain, New Zealand, Denmark, Norway, Russia, Turkey, Ireland, and South Africa all have legislation in place limiting detention without charge to less than a week. One comparable law for 30 days did exist under apartheid in South Africa, a period of time which later became 'indefinite' under legislation also defined by the regime as 'anti-terrorist'.

If the proposed 42 day period appears more reasonable than the 90 days Tony Blair was adamantly pursuing last year, it should be noted that Gordon Brown also supported a 3 month detention period at the time. The current 28 day period was a compromise that is already being undermined.

But the reams of legislation presented in the name of the war on terror in recent years extend far beyond the human rights of terror suspects. Tony Blair last year used his own anti-terror laws to successfully halt a corruption investigation into lucrative weapons deals between BAE and Saudi Arabia (poetically enough, the country from which 15 of the 19 accused 9/11 hijackers hailed from, as well as Osama bin Laden).

When 72 year old peace campaigner, Walter Wolfgang, voiced disbelief during the 2005 Labour Party conference at Jack Straw's claim that the invasion of Iraq took place in order to help the elected Iraqi government build a secure, democratic and stable nation, he was forcibly ejected by security officials and later held by police under section 44 of the Terrorism Act.

It seems that the government is happy to cynically capitalise on fears of terrorist attack - though not only in order to justify invasion of foreign territories, but also to increase its control of the population at home. Many of the changes which have already been made (with the minimum of debate) erode the fundamental democratic rights of us all.

The fantastic turnout against Chinese oppression in Tibet as the Olympic torch passed through London last month made this abundantly clear. While the heavy police presence can be justified to ensure the safety of so many people, the fact that many peaceful protesters were ordered to remove pro-Tibet slogans and banners is a blatant violation of the right to freedom of expression.

Even a freelance photographer was wrestled to the ground as he tried to photograph an arrest.

Protesters' movements were restricted, and at times they were prevented from proceeding at all by police implementing the Serious Organised Crime and Police Act. Those that refused to comply were threatened with arrest under anti-terror laws. SOCPA also requires anyone wishing to stage a protest within a kilometre of Parliament Square to obtain written permission from the Metropolitan Police.

When peaceful demonstrators against an oppressive foreign regime are subjected to legislation relating to 'serious organised crime', is it any wonder a small handful felt it necessary to take more direct action in order to make their voice heard?

Such restrictions on the right to peacefully protest in a democratic country seem ironic when applied to a demonstration against human rights abuses in China. In a bizarre twist which seems to illustrate the problems of using such legislation in ways so obviously contrary to its stated purpose, supporters of the Chinese government were allowed to move about freely and unharassed by police, as they were ostensibly not demonstrating but celebrating the Olympic passage.

Anyone who feels that these issues do not affect them should consider the wider implications of such legislation. What happens when the issue being discussed is one you care about? The right of a population to freely express dissent is one which underpins the concept of democracy, and any attempt to curtail this right should be treated very seriously.

SOCAPA came into force in 2005 to silence anti-war protesters in Westminster, and the convictions obtained since include that of Maya Evans, a campaigner sentenced and fined for reading aloud the names of British soldiers who had been killed in Iraq. By moving protesters out of Westminster, away from politicians as well as tourists and television cameras, the government has effectively silenced some of its critics and created a false impression of popular support.

In such a political climate, it's hardly surprising that voters are becoming increasingly apathetic. Either we believe the hype and accept anything in the hope that we'll be protected from those who are upset by Western foreign policy, or we get cynical and withdraw from the political process, believing we can't change things. But democracy can work. MPs are not all corrupt.

The ongoing protests show that people do care.

Now is the time to speak out.

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TERRORISM.

PAGE SEVEN.

RISE OF THE POLITICS OF FEAR.



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NOMAD IS AN ESSENTIAL HOUSING SERVICE IN SHEFFIELD THAT OFFERS FRIENDLY ADVICE TO PEOPLE, WHO OFTEN FIND THE BUREAUCRATIC STRAINS OF SOCIAL HOUSING TO MUCH TO BEAR.

Azita Aurie, a 26 year-old single mother from Burngreave said that she had reached breaking-point, and had wanted to call Social Services to intervene and take her baby away.

"Nomad gave me back my confidence and made me realise that I am not a bad mother and that this is not my fault," she said.

Azita had suffered with serious damp problems in her council property for over 4 years. After her daughter began to suffer severe chest infections, she contacted Nomad who put her in contact with a Solicitor to tackle the council over the unresolved issue.

She said: "Since I've seen a solicitor, the council have started to take me seriously, they used to just tell me I wasn't opening the windows or something stupid and they wouldn't do anything."

Nomad is a registered charity, which aims to promote independent living and provides the support needed to achieve this. Nomad's Tenancy Support Scheme provides a vital service to some of the more vulnerable sectors of society, offering practical support and advice to tenants.

Not everybody who accesses Nomad's services is unhappy with the council. Peter Foster, 44, a council tenant in Burngreave is generally happy with the service he receives from the council.

"Nomad help me a lot because of the way I sometimes get isolated, they visit and check I'm ok. I don't have any problems with the council," he said.

Tenants are offered advice from moving into a property, to making benefit claims, understanding the tenancy agreements, budgeting, accessing other agencies, dealing with personal day-to-day problems and finding education, employment and training opportunities.

Andrew Reardon, 46, Temporary Project Manager at Nomad's Burngreave Tenancy Support Scheme said:

"The council housing system can be very confusing and our work involves pointing people in the right direction.

"The main idea with housing support is not just doing things for people, it is supporting them through it."

There has been a major overhaul in the way the council house system is run. Sheffield Homes was created as a separate branch of Sheffield City Council, so that the council could manage the council housing stock at arms-length.

In the past, prospective council tenants would join the housing register, and when they reached the top of the list they would be allocated a property. But all this has changed and council properties are now allocated using a bidding system.

Applicants who are waiting for a council house on the housing register, must make a bid for a property. The tenant is then selected using a priority system.

Families with children, pregnant women and people with mental health problems or disabilities are given the highest priority as are those who have been waiting on the register for the longest.

The bidding system, which is very unpopular with council tenants, has also highlighted the shortage of council housing. In 2007, 18,500 bids were made for just 3,900 council houses.

The massive increase of house prices across Sheffield has placed much more pressure on Sheffield Homes, as more people turn to the council for affordable homes. Prices have sky-rocketed to the point that, even in the cheapest neighbourhoods, the average price of a home has reached £75,000.

Sheffield Homes has not only been criticized for the failure to provide adequate council housing in Sheffield, but also for the poor conditions of some properties.

In November last year, Sheffield Homes revealed the Decent Homes programme to council residents in Firhill, Pitsmoor, Burngreave and Darnall. They showcased planned improvements of 40,000 council houses paid for by £669 million of government funding.

The event was hailed a success but five months on many residents are upset at what little progress has taken place. Andrew Reardon, said that in some cases there has been poor communication between contractors and council surveyors and he has had numerous complaints from dissatisfied council tenants.

Nomad believes that everybody has a right to a decent, safe, affordable home. It was formed in 1989 by two people who had experienced homelessness themselves, and who recognised that there was a gap in the provision of services for homeless people in Sheffield and Rotherham.

It is part-funded by Sheffield City Council, by donations and fund-raising.

There are various volunteering opportunities available at Nomad.

FOR MORE INFORMATION

CALL

0114 2755441

volunteers@nomadsheffield.co.uk

Some names have been changed to protect anonymity.

JESSICA BELL.

GEORGE OLIVER.

COUNCIL HOUSING.

TOO MANY HOMELESS. NOT ENOUGH HOUSES.

PAGE TEN.

I am a French teacher from Cameroon in central Africa. It's a beautiful country of lakes and forests, many Westerners go there to holiday.

My home was in Douala, the capital. I would like to go back and see my family but if I return I know I will be imprisoned or killed. I know this because they tried to kill me before. By they, I mean the police. It is not a good government there.

In January 2001 the Douala Operational Command arrested my cousin, Kouatou Charles, who was twelve, his younger brother, Kouatou Elysee, and seven of their friends, accusing them of stealing a gas canister in the Bepanda District. Families of the 'Bepanda 9' were permitted to visit them in prison, but after three weeks we were told we could not see them anymore.

This case was being reported both nationally and internationally because the boys were so young, but we now suspected that the DOC had executed them. Douala authorities denied any executions but refused to produce evidence of the youths' continued well-being. We, the victims' families, formed another group, the Committee for the Defence of the Nine (or C9 as we were known).

My elder cousin, Bethuel Kouatou, and I organised the first meeting of C9. We held weekly demonstrations to demand freedom for the boys. When it was discovered that the youths had been killed in custody, the demonstrations got bigger.

People were angry and came to support us. The eighth demonstration, which took place on 15th April 2001, was also supported by the opposition party to the dictatorship. The security forces came out with water cannons and tear gas and arrested around 50 of us. These events had national press coverage.

I was arrested and detained. I was beaten on every part of my body, even my feet. There were maybe ten or fifteen men in my cell with a bucket in the corner which was not often emptied. The security forces would take me to another room for interrogation. They cut my right ear and burned cigarettes on my back. The guards forced us to make love with the wall. They did this two or three times a week. I was imprisoned there for eight months.

They took some of us from the cell at night and told us to get into the truck. I was very afraid. I believed that they were taking us to kill us. We were all afraid. One of the other prisoners tried to get free. He jumped from the truck. The soldiers stopped and tried to shoot him in the dark. They killed him. But I tried to get free too, and I escaped. My hands were tied but I ran, I ran into the forest.

I was blessed, a man in a village agreed to hide me. He helped me because he had heard of C9 and of the Bepanda 9. He contacted my brother, David Engeng, who arranged to smuggle me out of the country. I didn't know where I was going to, my family wanted me to leave the country for another where I would be safe. So the person who helped me decided to take me to Britain.

I was granted asylum here in the UK by the High Court three years ago, they told me I could live here and not have to return to Cameroon. But the Home Office overturned the ruling. They said in my refusal letter that yes, they believe I was tortured, I was imprisoned, but that I must go back. I am afraid to sleep at home in case the immigration police come again. They have already raided my home twice.

My wife, Maiolie Ther, was also imprisoned, but for two and a half years. They took her because she is married to me. She was freed after a humanitarian pressure group demanded release of some women prisoners. My first wife died in jail, and that was also because she was my wife and they wanted to punish me. Maiolie and I now have three children, two of them have sickle cell disease and we are afraid for their lives if we are forced to return to our country.

Cameroon is a dictatorship. Nothing has changed since I left. The president, Paul Biya, has been in power for three decades and has now changed the law again so he will rule, I think, until his death. The security forces will still know my name.

To help with Claude's campaign against deportation, email your contact details to claudes.campaign@activist.com

JOANNA SUTHERLAND.

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CLAUDE.

PAGE ELEVEN

AN UNREPORTED TRUTH.

JOANNA SUTHERLAND.

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HI-VIS

FIRST OF ALL, I MUST START OFF BY SAYING THAT IF I WANTED TO CYCLE AROUND LOOKING LIKE A BUILDER, I'D HAVE GONE ON A YTS AND LEARNED HOW TO CHAIN-SMOKE FAGS, TOSS IT OFF AND DRINK 2 LITRES OF POP EVERY 30 MINS.

Besides, builders have a volume level normally only attributed to honking cruise liners. As well as sounding like - do they need to look like tits too?

The increasing popularity of this abominable 'fabric' in cycling is beginning to crease my tweed. The bicycle as we know it has been around since the mid 1800s. (And to all who have ridden, are riding or will ever - all power to your legs!)

So why has so much of this sci-fi vomit-shade attire been adopted now? In brief, a driver is a junkie, petrol is heroin, and a car is a small bag which one can't quite get all the scag out of...not without turning the bag upside down of course. (At least that's what Wazzo told me.)

In this world in which the cyclist is made to feel awkward, inferior and vulnerable, it may be sensible to be as noticeable as possible. But with this stuff, like most things dated after 1973, the more people wear it, the more it becomes the norm and the more it gets ignored. If a car is going to hit you, it's going to hit you, regardless of whether or not you are dressed like a bowl of radioactive custard.

Moreover, it is an offensive assault to every sense.

I think we've established that looking at a tabard which has the same intensity as the sun, (other than to the odd moth) is not rewarding to anyone. To touch it is akin to fingering a dead alien in a dream about Living La Vida Loca.

Unfortunately, I was close enough to whiff some in the form of a waistcoat. The only word my brain could summon was dentist. To eat it, of course, would be ridiculous. As indeed would it be to suggest that one can hear it.

Although I do have it on good authority that if one is to cycle in and around a certain grid reference in Thurgroft, the sonic waves produced affect the breeding habits of the Beluga whale in the White Sea.

If I had my way (and mark my word, ladies, I will) I would have every polluting, stinking vehicle in the land painted with Hi-VIS. That way, after a while, people would be diagnosed with 'Hi-Vis eye'.

Cars would be banned and cyclists could get back to wearing decent and appropriate clobber, i.e., woollen knee-high diamond-patterned socks, neatly adjoined to plus fours, a good, sturdy thorn-proof Norfolk Jacket, finished off with a quality 6 or 8 panelled cap.

Yours in cycling and cycling only,

M D HUDSON.

CYCLING TIPS.

WITH MOCKTORIAN GENT ABOUT TOWN, M.D. HUDSON ESQ..

PAGE FOURTEEN.

THE BNP IS GROWING.

IN 2008, IT POSES THE BIGGEST ELECTORAL THREAT OF A FASCIST POLITICAL PARTY IN BRITISH HISTORY.

On May 1st, the BNP contested 650 candidates – eight of which are in our city. They have regularly achieved between 15% and 30% elsewhere in Yorkshire. As this goes to print we do not yet know the results this time. The May elections are also an attempt to build strength for the European Parliament elections in 2009 where they could gain the money and organisational facilities to form a more powerful and 'respectable' fascist party in the mould of the French Front National and the Austrian Freedom Party.

Despite their aspirations for power nationally and in Europe, much of the BNP's campaigning is targeted at a local level. In Calderdale, the BNP sought, unsuccessfully, to hijack an existing local campaign led by parents and teachers to fight the closure of Mixenden Primary School. In Rotherham, as part of their campaigning, they have selectively broadcast news of criminal activity that features only people with Asian names. These dirty tactics have paid off here in Yorkshire as the BNP polled its largest percentage of votes across the country here, in 2007. When they spend time and effort canvassing on doorsteps, getting leaflets out and relating to local concerns, people see the BNP as the only ones engaging in communities.

However, the BNP's underlying beliefs don't hold up to scrutiny. They present themselves as advocates of an oppressed minority: the 'ethno-British' people. In addition to using the racially-focussed language of the Nazis, the notion of the 'ethno-British' itself is based on an undefined part of British history - completely lacking in evidence - without immigration, invasion or cultural mixing. The only reality that this type of propaganda is based on is the history of their own nationalist movement, repeating the same tactics and language to validate a pursuit of power based on hateful and illogical divisions.

Now, when we are facing a vulnerable economic situation and a low level of public trust in mainstream politicians, the BNP exploits these justifiable insecurities. By blending a mythical image of the British people with the reality facing communities of unemployment, poor quality public services and employers undercutting wages and conditions by exploiting foreign labour, their words strike a chord.

It is a tried and tested formula.

Most successful in Germany in 1932.

How are existing campaigns dealing with the material problems that are the target of BNP opportunism? Hope Not Hate and Searchlight are the twin anti-fascist organisations that seek to re-engage working class voters with the Labour Party as the alternative to the BNP. However, it is a lot to expect communities to trust a government that has just announced the abolition of the 10p tax bracket for those on low wages and refuses to back the renovation and expansion of council housing. In those wards that the BNP have targeted, it is vital that local people are supported by decent councillors who challenge the logic of an economic system which has led to social exclusion.

A different tactic comes from Unite Against Fascism (UAF). The UAF are a group supported by a range of people and their message is clear -

'Don't Vote for the BNP!'

Ok, so what's wrong with that?

Whilst there is no doubt that both campaigns are made up of committed anti-fascists, criticism must be made of empty and negative slogans that leave voters without choices and do not make clear that UAF recognises the material reasons that lead disenfranchised people to vote for the BNP.

SO WHAT'S THE ALTERNATIVE?

COMMUNITIES TAKING ACTION.

A group of people can organise a public meeting, discuss the issues that the parties are campaigning around; get your neighbours and people at work talking about what you really see for your city. Use your trade unions and activists in Sheffield to help organise an event and finance a leaflet opposing the BNP. Use this to also demand that the government or local authority addresses the problems that the fascists are trying to exploit. Perhaps the 1st May, International Labour Day, can inspire you to think that solidarity in taking action collectively is the key to building a progressive movement to change the world.

ACT NOW.

Post up a message on Indy Media calling for activists to get in touch and help kick start a campaign at

INDYMEDIA.ORG.UK

write a letter to The Star, or even an article in Now Then.

CONTACT

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Searchlight
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and get them to act for you.

JACOB SACULAR.



Starwipe doesn't wish to alarm anybody, but a giant swimming rodent from South America may be waiting to pounce on your head, particularly if you live around High Storrs.

On the bright side, this gave the Star a reason to write the sort of story that hardens local newspaper nipples everywhere -

'THE CRAZY ANIMAL POSSIBLY SPOTTED IN OUR AREA STORY.'

Seems a jogger was recently out in High Storrs when, as the Star puts it,

"he came face to face with a rat-like creature as big as a dog".

They stood there staring at each other for a minute, then Ratty the Dog turned and scurried away. This, according to the Star, left the jogger "consumed by curiosity", which, given the circumstances, was probably the best kind of consumed he could have been. That most reliable of research tools - the quick internet search - led the jogger, and therefore the Star, to pronounce the beastie a capybara. As in, a web-footed, semi-aquatic rodent that looks like the King of the Hedgehogs, climbs trees and lives, erm, in South America.

The Star then handed proceedings over to Sheffield Museums' Senior Curator of Natural History who said that, oddly enough, there wasn't a great history of enormous semi-aquatic South American rodents in Yorkshire. Also, Starwipe checked and there're apparently precious few whippets in Bolivia.

Oh, and also because it's almost certainly not here. Right at the end of the capybara mania-stoking story, the Star did see fit to include this quote from the scientist: "It is a timid, semi-aquatic creature which feeds on aquatic plants so it is unlikely to have been a capybara."

Oh. Um, right. He then pointed out that it could have been a similar-looking kind of deer. Deer?

Well, thanks for spoiling Starwipe's fun with your stupid facts, Mr Scientist.

Speaking of bizarre creatures in the wild and pesky, pesky facts, the Star was also getting to the bottom of the fights that marred the local derby at Bramall Lane in early April. It seems some Wednesday fans had worked their way into the United section. Surprisingly enough, when this was discovered, the news was received less than decorously.

The Star first covered the fighting with a story that started:

"BATON-WIELDING police officers stormed the crowd at Sheffield's second Steel City Derby of the season when rival fans clashed in the stands ..."

The Star then came back the following day with news about the real culprits - the police who didn't wield their batons quickly enough. Starwipe is all about slagging off the cops in print when they've got it coming. But in this case, Starwipe tends to approve of the police spokesperson's statements, which basically amounted to:

"Hang on a minute, now you WANT us to just wade in and start clubbing people?"

So then, meeja studies students, here's the situation. While most of the 30,000 fans at the big match act like normal, functioning members of society, a few mouth-breathers cannot resist the tribal urge to chuck batteries at people in differently coloured shirts as their forebears did. Who do you write nasty things about?

If you said "the idiot fans who can't get through a local derby without headbutting someone" ... ooooo, sorry, you need a bit more of a lesson in pandering to your readership. If you said "the cops who didn't save the fans from their own idiocy soon enough", well kid, you just might have a future in this business. Today's lesson, kids, is that some facts are just so darn pesky. There's probably not a swimming, pony-sized Argentinean rodent roaming High Storrs and yeah, sometimes football fans can just be jerks. That's the truth.

But Enrique the Rat-dog and a mean old cop who refuses to bludgeon you for your own good?

Now that's good copy.

ERIK PETERSEN.

B.N.P.

PAGE FIFTEEN.

FIGHTING FASCISTS - THE BNP AND HOW WE CAN BEAT THEM.

STARWIPE.

READING THE SHEFFIELD STAR SO YOU DON'T HAVE TO.

PAGE SIXTEEN.

TIRE OF THE CONSTANT PRESSURE OF
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THE BETTER OF **YOU?**
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TO OUR
EXPERIENCED
TEAM OF
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WE WILL BE ON IT. ACE!

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WILL BE. THERE IS SLEAZE AND FINKS LEGENDARY MUSIC QUIZ. PEOPLE
HAVE BEEN PHONING UP TWO WEEKS BEFORE TO MAKE SURE ITS ON SO
I RECKON THAT'S A SIGN OF HOW SERIOUSLY GOOD FUN IT IS. IT'S ON
THURSDAY MAY 22 BUT FEEL FREE TO PHONE ANYWAY WE LIKE A NICE
CHAT WHEN IT'S NOT TOO BUSY. PLUS THERE'S GIGS FROM THE INVISIBLE
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HAVE ROOM TO TALK ABOUT. LOOK OUT FOR OUR LITTLE LISTINGS FANZINE
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WORD LIFE

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The Wordlife Team.

INSIDE LEG.

The English may like to queue but you'd never have thought it that morning. Shopping for shit. I kept glancing around at them, women mainly, orange faces, squirty tan melting at the neck into skin the pallor of a sour jug of cream. They rarely maintained eye contact for more than a second, as if any more and I would undo, even unravel, their hardened state, the state they assume everyone else must feel because they too, are in a queue.

Where has the joy gone in getting something you want? My attention for a moment wandered and I found myself staring at a rack of socks near the checkouts, socks with names embroidered on them, I found myself wondering if I bought the ones with Mike on whether I would feel any different about myself. It was a strange thought really, could I really be Mike for a day, and stranger still, what about the pants next to them, Stuart emblazoned across in flames, an identity crisis could ensue. Jesus, what would the doctors and nurses make of it if I was involved in some fatal accident, out on the slab, Mike or Stuart, Mike or Stuart? But according to the ID in his wallet his name is.....

I was glad to have my attention distracted by an elderly gentleman wearing a three quarter length cream coloured sheepskin, a tatty P.D James novel hanging from his coat pocket. He was at the till, a pair of yellow trousers folded on the counter, faffing about with a tape measure, the sort a tailor might wear around his neck.

The checkout girl, young blonde with an oblong shaped face done up like a 'win this free' with that cereal box, leaned slightly out of her chair, trying to give the old man instructions how to measure his inside leg. But every time he stuck the tape under his crotch and took it down to his ankle, his leg at the knee cocked out a good few inches.

The girl kept looking down the line to see if any supervisor was free; I don't think it was that she wanted to leave her station, more like she didn't want to be in such close proximity to the old man's genitalia.

I looked around to see if anyone else was observing this but no one was; they looked just as bored and ill as the last time I'd looked. I turned back to the man and saw that the young girl was now speaking to another woman, older and with less dignity to lose, someone more used to bending down in front of aged men. The two assistants were having a quiet giggle between themselves, the man, crow like, kept looking back down the aisles. The older woman eventually came around from the tills and after a bit of banter, her hand gently pushing the small of his back, he straightened up and remained so as she took the measure of his inside leg, which she relayed to the checkout girl with a wink. The trousers, neatly folded on the counter mustn't have been right because the old man picked them up and ambled off back down the aisle. A few minutes later, having paid for my stuff and on my way out, I heard one of the other checkouts a little further down the line say to her colleague that she did feel sorry for that old man, 'it's the third time today he's been back in the queue' I glanced back and saw the old man, spectacles slightly askew, a lost benevolent look inhabiting his face, across his arms a fresh set of yellow trousers, possibly the wrong size yet again?

Another woman's caress down the inside of his leg.

The dirty bugger.

STEVE SCOTT

THE HOUSE ON CROOKES- MOOR ROAD.

Here, everything concave is an ashtray.

The carpet is a perfect replica of the kitchen sink, a resting place for day-old plates caked in bits of old bacon.

Mould in a discarded mug is art here, the smell a durational piece tendered to those who come, trade quiet awe for explanation and leave disappointed. Here hallways are the insides of bin bags, spent Stella cans lay side by side framing a lone pair of boxers peppered in dust, still unclaimed weeks after escape fell short.

Yet this is the cleanest it's been for months.

The carpet here was smeared with puke stains once.

In terms of difference.

KAYOMBO CHINGONYI.

THE GREAT ESCAPE.

After the Leadmill empties, after the takeaways, after the taxis pour into selfsame darkness, and after the heavies, bolstering doorways, after the flyers thrust into hands dissolve into pavements, stumbling sideways, after the bars are shut and here or there some slick of puke marks the chances taken, chances lost, a Sunday morning will come around to us, as it always does; to light, to itself, and as we check ourselves for what might mark us (the purplish hue that hugs your eyes; the grit of stubble that frames my haziness) it comes as no surprise that life is like this, each day, and harder to know why you feel the same way.

BEN WILKINSON.

CATCHING RAYS.

We only lie here because the sun has pinioned us. Tucked its fibrous UV tight around our shoulders over our flaking eyes. If egalitarian clouds would stretch from the point above your scalp-top to the furthest horizon there would be no hoisted immobility no choice but to move -

walk, walk over the rocks' length. So here we lie.

CORINNE SALISBURY.

WRITING.

PAGE NINETEEN.

STORIES FROM THE UNDERBELLY.

POETICS.

POEMS.

PAGE TWENTY.

IT'S NORMAL TO DEFINE YOURSELF BY WHERE YOU COME FROM.

**YOUR FAMILY.
YOUR STREET.
YOUR TOWN.
YOUR FOOTIE TEAM.
YOUR FRIENDS.**

It's a perfectly logical step. If you get used to what's around you, then when greeted with the unusual you will be defensive. Take that to an extreme and you get xenophobia, which essentially means you get scared by what you aren't used to.

If you think about this for a second, I'm positive you can recall an occasion when you treated someone differently just based on the fact that they were any of a number of things, he was French, he was gay, he was a gay Frenchman, whatever...

Now that's what gets loosely termed as racism.

Nasty word eh? That basically means you don't like foreigners. But that's normal isn't it, we are all tribes, tribes of families, of race, of friends and peer groups, that's how humans function. It's essential to our identity.

I'm very lucky to have grown up in Britain. It's a great country. We take the piss out of everything. A healthy questioning nature encourages healthy debate.

We have the freedom to disagree wholeheartedly with any politics, with religion, with any largely held view.

We love our underdogs, the outside bet, and it is that toleration of members, of our tribes that pushes the boundaries that makes our country great.

I once got called a 'multicultural fascist' by a member of a far right popular political party. It made me laugh, then actually consider what he was talking about.

White Britain.
The country of invasions.

Our place names are in Viking, Saxon, French, and various forms of Celtic and we claim a distinct identity?

The streets I've lived on in Yorkshire have been white. Yes, but a white identity claimed in distinct tiny local chunks; cursed as a Wessie on the seaside. And yes, there's been foreigners here from before I was born, living in the streets and hills long before I was even thought of; working here, belonging to the land they live on.

The Indian, the Pakistani, the Jamaicans, the Somalians, the Polish, you see my point...

They come here, they live here, they drink in our pubs, they work in our jobs, and by and large they are accepted. This is what makes Britain great. It's a country that understands and adapts, with new times, new peoples, without losing its identity, because that IS its identity.

Hate to break it to you Daily Mail reader - that luxury sandwich in your hands was packaged by, most likely, Polish catering staff - same as your luxury apartment was built with Polish muscle, most likely...

An empire is defined as a gathering of various distinct peoples under one flag. We are still very much an Empire, but an empire in people's hearts and minds as opposed to geography.

We have always accepted new settlers onto our land, be it in war or peace, they lived with us, they've married, and they've ultimately become part of us.

It's how Britain's always been, as long as there's been a Britain. We can go on forever about the American gran or Welsh dad but we've all got the same passport.

I don't think the fascists are particularly wrong, otherwise they wouldn't have a following. I don't think they have all the truth though. It's like seeing ripples on a pond and trying to give a detailed description of the rock that caused the splash.

Communities will always want to live close together. You'll want the grandparents fairly close so you can check up, you like the kids to go to the local school, you'll like to shop at places you know cater for your needs.

The problem comes when you aren't from that area. You drive into it, for example, and see every shop sign's in script, salwar kameez everywhere, and frankly you don't see the Britain you expect.

You form an opinion that you've just driven into Bradistan, and you aren't entirely wrong, but you've just judged it based on outward appearances, not considering the reasons for people being where they are.

... just the same reasons as you live down the road from your mate Barry and the pub...

What's the point of this?

Basically, hope? In a world where we are constantly told there are malevolent forces at work to disrupt our way of life, we are found living side by side, amongst our many tribes in these tiny islands.

It's something to be proud of. We've always accepted people and new knowledge - and it's why we've grown stronger.

Now don't go out and hug your neighbour, unless you really feel like you want to. But do remember, the next breath you draw is still, for now, free and tolerant air.

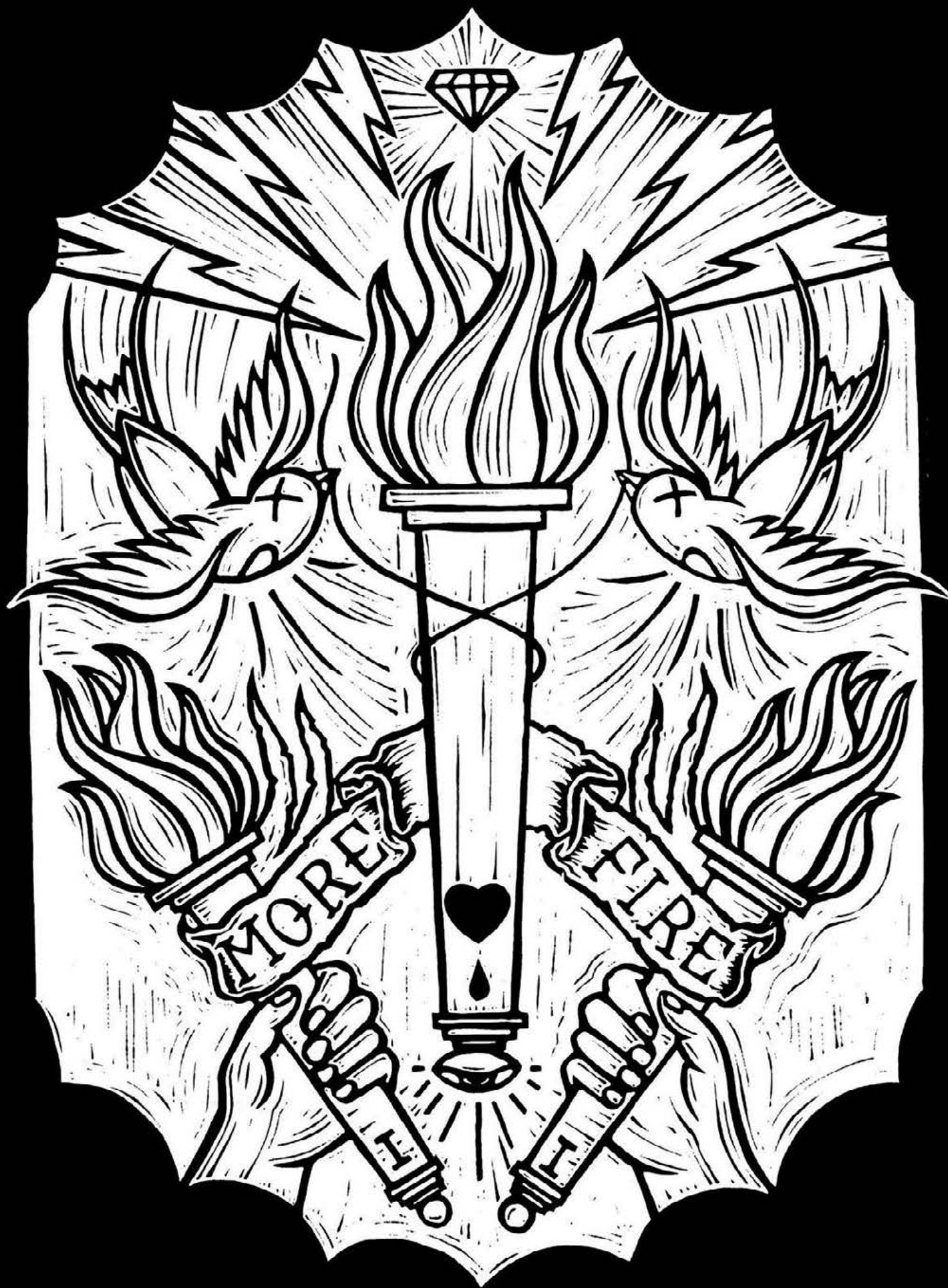
That's a fucking good thing.

JONES.

WHITE POWER.

SIMPLE REASONS FOR HATE.

PAGE TWENTYTWO.



CHRIS ROURKE is an illustrator and artist based in Worcester, where he runs the Spine skateshop and art gallery.

He works mainly in lino cuts, giving crisp, defined and contrasting images with rich tattoo-like symbolism.

Over the last few years he's done skateboard designs for Consolidated and Death, to mention a few, and shows no signs of slowing down.

NOW THEN loves his stuff - you'll see it all through this issue. We think you should too.

NOWTHEN -

You describe both your art and your skate shop as fiercely independent has this freedom been difficult to maintain?

CHRIS -

It's hard to keep an independent skate store open at the moment, but that's not exclusive to skateboarding, everyone's having a hard time. It's hard to be an independent in these chain store times; I mean where did all the cool independent record shops, book shops, cafes, etc go? They just can't compete, you go to any high street in the country and it's the same tired shit, they all look the same, it makes me ill! You have to do your own thing; try and present a different idea of how things can be. We don't want to take over the world or even a slice of every market out there; we just want to make a living representing something we love and see as a worthy thing, and to provide an informed and enthusiastic service. I also get to stock brands from the smaller skater run companies, people you feel an affinity with, because they are motivated by the same things as you. I would honestly rather self fund my work than do stuff I'm not proud of. It's as simple as that really. It means so much to me to sell a print to someone who is buying it purely and simply because they like it, that feels like a proper success, a situation where everyone leaves happy.

NOWTHEN -

You began working a lot more in hand cut lino prints. Do you find this medium more expressive?

CHRIS -

Lino prints seem to really suit my personality and style of working. Firstly it's really cheap and accessible, anyone can have a go for a few quid. In that respect it's just like skateboarding, you don't need tons of kit, if there's a hunger to try it you can. I find that the limitations of a two colour print process, like lino printing are actually pretty liberating. It's hard to explain, but its beauty is really in its simplicity. Like a haiku poem, you have fairly rigid parameters but what happens within them can be incredible.

NOWTHEN -

How long does it take to plan and create a lino print and what are the processes involved?

CHRIS -

It depends a lot on size and complexity of the image. I start by drawing up the main image on a layout pad; this initial sketch can take anywhere from a day or so to a few weeks to get down. The next stage is to make a tracing for the final block, once the tracing is complete it's reversed and copied onto the lino block, where it's retraced in permanent marker and then the cutting begins! Cutting the image into the block is really time consuming and great care must be taken not to stick the cutting tool into my left hand (again). Yesterday I cut an a2 print in about ten hours; that's pretty fast for me. After that it's time to get the ink out and print a copy off, check it, and if any more cuts are needed they can be made before reprinting.

NOWTHEN -

Among your influences you cite tattooing and music; how do you feel your interaction with these things has developed your work?

CHRIS -

I think anyone can see my roots in tattooing when they see certain elements in my work, but I don't know if I can say how it's influenced my work other than in giving me a rich visual language to use, and contribute to.

Tattooing was the thing that got me drawing for myself again in my early twenties, after a period where all I really did was skateboard and whatever college work I had to do not to fail my course. So I guess I owe tattooing a lot in that respect. Music continues to be a huge influence, I can't ever see that changing. I like a broad range of music and it constantly provides me with ideas or new ways of looking at things, I can't imagine life without music.

NOWTHEN -

As well as lino prints you work with paintings t-shirts and skateboard design. Do you find your work influenced by the change in medium and audience?

CHRIS -

I'm lucky to work for three of the coolest skateboard companies around, and usually think of an idea that will suit a certain company or use an existing piece of work to create a graphic from, so in terms of the subject matter there is no difference, anything can work! Sometimes I will get an idea for a board graphic that I think would work better as a colour image or whatever. It's good to work in different ways from time to time, it keeps things fresh.

NOWTHEN -

What other projects are you working on at the moment?

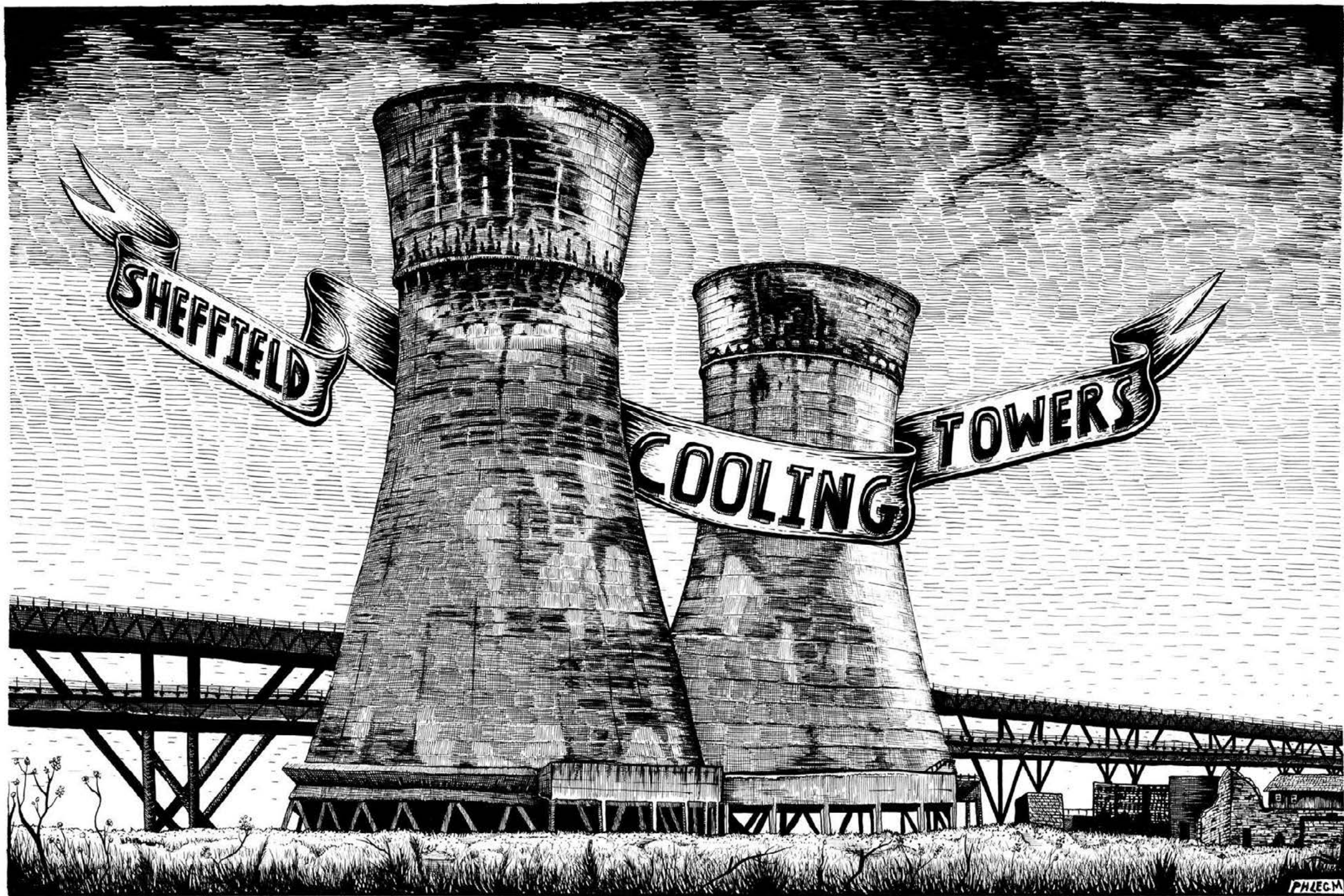
CHRIS -

I have just completed the first in what I intend to be a series of prints based on real UK burlesque performers. It's an idea I've had for ages and have just started putting into action. I'm pleased with the results so far, the subject matter is great, the ladies look amazing and the prints are going to be pretty original. I've also designed graphics for a bike frame which should be out anytime now. I have been threatening to put out my first zine for about a year now, so who knows, that may happen soonish. Other than that I just continue to try and make as much art as possible, run Spine, hang out with my partner Jo and do as much skateboarding as my crumbling knees will allow.

Thanks for reading, keep on keeping on.

NICK BOOTH

CHRIS ROURKE.



Sometimes I wonder what the hell's happening in this city. It seems like we want to destroy our architectural curiosities and replace them with wafer-thin bland structures so devoid of character they can't be registered by the human eyes. It's like we're actively whitewashing the city with concentrated blandness, homogenising it to the point of it becoming an architectural version of Gap or Burtons clothing.

I think sometimes we can get caught up trying to please everyone to the point where all we achieve is a sterile sprawl that says nothing about our city. I say hooray for people with crazy ideas and ambitious projects because it's those people that give a city its warmth and its character.

A beacon of light and sanity in these mad days has been 'Go' magazine, and specifically their passionate involvement in debating the future of Tinsley cooling towers.

Sadly as most people know the towers are set for demolition this year. But instead of watching the project break down go magazine decided to end the project on a high note. They set up the cooling tower collectables stall in Sheffield's Millennium Galleries. A two week shop selling very limited edition gift shop inspired goods by a selection of artists, illustrators and designers; Conway and Young, Kid Acne, Phlegm, people will always need plates, Royal Stock, and Syd and Mallory's. The shop had everything from tea towels and t-shirts to jigsaws, and paper models.

The response was mind-blowing. People came and cleared out every last thing from the shop half way through the first day of it's opening. It was madness, a borderline stampede, and it showed how much enthusiasm the people of Sheffield can have for something good.

So as the city threatens to become so uniform and boring that the air turns grey and all the birds drop out the sky, at least we can say we stood up for it's history, its unique qualities, and passionate ideas when we had the chance to...

PHLEGM 08



CHRIS ROURKE.

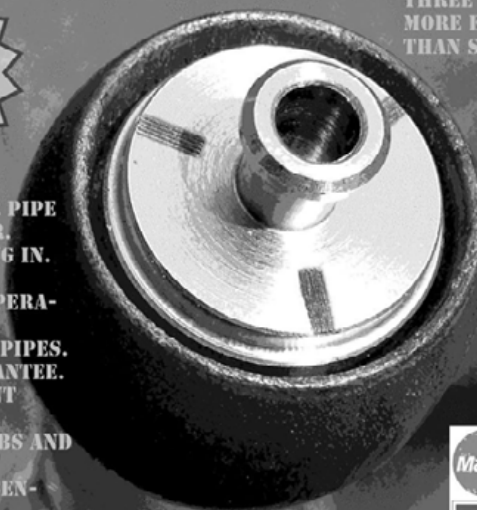
PAGE TWENTYSEVEN.

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DAVE SAXON

DAVE SAXON IS A MAN. ITS A FAIRLY SAFE BET HE HAS A FACE AND AT LEAST RUDIMENTARY FINGERS.

DAVE SAXON IS A RESEARCHER IN PSYCHOLOGICAL THERAPIES AT SHEFFIELD UNIVERSITY.

PSYCHOLOGICAL SERVICES HAVE OFTEN BEEN THE 'POOR RELATION' IN THE ALLOCATION OF NHS RESOURCES, DESPITE THE NUMBERS REQUIRING TREATMENTS. BUT RECENT DEVELOPMENTS HAVE RAISED THEIR PROFILE (A LITTLE) AND FUNDING (A LITTLE)

SO WHAT'S BEEN HAPPENING?
(A RESEARCHER'S VIEW)

THE PREVALENCE OF PROBLEMS

At any one time, around 1 in 6 adults suffer from a psychological problem such as depression (the third most common reason for patients consulting their GP), anxiety (including panic, social anxiety and phobias), post-traumatic disorders, eating disorders, obsessive compulsive disorder (OCD) and personality disorders (including repeated self-harm).

In Sheffield, it is estimated that amongst the population of 16 - 64 year olds (368,000) over 61,000 will be experiencing some sort of neurotic disorder.

This includes over half having a mixture of depression and anxiety, another 9,500 experiencing a depressive episode and around 4,000 having an obsessive-compulsive disorder. The result is that there is a large demand for treatments for such conditions in the NHS. Indeed, it is estimated that GPs spend 30% of their time dealing with such problems.

Some of these conditions may only cause mild or moderate problems and some may pass with time (especially if the sufferer responds appropriately), but often they can have a disabling effect and those who struggle to cope often experience a great deal of stress, anguish, fear and hopelessness which in turn can impact on their ability to function, relationships and employment situation.

The demand has put a strain on services both in primary care, where 90% of people with psychological problems are treated, and in more specialist services, and shortages in resources have often resulted in limited treatment choice and/or long waiting lists.

But as the personal, financial and societal costs of not addressing this shortfall are becoming accepted, various efforts have been made by the Department of Health to try and address these problems.

WHAT'S GOING ON?

The current government, probably more than any other, has used research evidence to guide policy and direct funding in the NHS. Whatever its motives, this appears to be a responsible attitude as it would be unethical, a waste of scarce resources and possibly risky to provide treatments and services that had no evidence of patient benefit. Its aim is to provide the treatments that have the best evidence and to provide them to more people, more quickly.

The body that assesses treatments, the National Institute of Clinical Excellence (NICE) has recommended (briefly) that: Cognitive Behavioural Therapy (CBT) is the most effective treatment for most anxiety disorders, OCD and some levels of depression; brief counselling is effective for milder conditions and problems relating to life events; and longer term psychodynamic therapies are most effective for more complex conditions, severe, complex depression and personality disorders.

Funding and the expansion of those treatments/services that show good research evidence has followed. This has driven the Improving Access to Psychological Therapies (IAPT) programme which is currently underway, which aims to deliver lower intensity 'talking treatments', mainly for depression and anxiety, to more people and £170 million of extra money has been promised, partly to increase the numbers of therapists.

To achieve this expansion and make best use of resources, a 'stepped-care' model of psychological therapy delivery is being adopted by health Trusts across the country.

This basically means a patient receives the level of treatment appropriate to the level of their distress and only if that treatment is ineffective do they move up to the next step. It is hoped that speed of access to the appropriate level of treatment will increase and resources will be efficiently and equitably distributed to meet actual need.

Most provision will be provided through primary care; from monitoring by the GP and provision of information, through telephone support, referral to psycho-educational groups or guided self-help, computerised Cognitive Behavioural Therapy (cCBT) or brief one to one therapy, to combined medication and psychological therapy or longer term one to one therapy.

Only if a specialist need is recognised or these earlier steps have been ineffective will a patient step up to more specialist services, and it is hoped that within each step patients will have a choice in the treatment they receive.

Whether the measures will reduce the amount of mental ill-health or improve outcomes for sufferers it is still too soon to say, although early figures suggest more people are accessing IAPT services and are being treated sooner.

Some research issues
The aims of the Government may be admirable but they are not without problems. For example, new treatments, treatments that don't receive research funding or treatments that are more difficult to study may struggle to build up an evidence base. The costs in relation to benefits and the quality of research that informs the funding decisions are other areas of possible conflict and confusion (consider recent stories in the press over MMR and anti-depressants).

Another issue is that NICE assesses treatments largely on the evidence of randomly controlled trials (RCTs) which study the efficacy of treatments in controlled environments where subjects are randomly allocated to one treatment or another and other possible biases are controlled for by thorough diagnostic screening, consistent treatment and strict subject inclusion/exclusion criteria. These may give the best indication of the efficacy of a treatment but they need to be complemented by studies of the effectiveness of treatments in the 'real world' with all the 'noise' of different patient characteristics and preferences and service delivery variability.

This study of effectiveness requires the routine collection of useful data in practice, which includes a measure of outcome (benefit) as well as factors that may impact on outcome. Fortunately, one aspect of the IAPT programme is to routinely collect data throughout treatment which should yield large datasets allowing the assessment of the effectiveness of the various treatments in practice.

An example of the benefit of such datasets, and indeed an area of interest to researchers, is why the outcome of some patients is poor while with others it is not, despite them having the same condition and receiving the same treatment.

Existing data collected from both RCTs and studies of routine data indicate most people improve following an evidence-based talking treatment, with around 40% recovering, and few getting worse. But around 30% do not 'recover' despite most showing some improvement and up to 30% often end their treatment prematurely.

The study of large anonymised datasets of routinely collected data allow researchers to study such issues by considering the other factors (and the interactions between them) that may influence these outcomes. Examples of these might be gender, age, ethnicity, socio-economic status, the amount of social support a patient has, the severity, duration and complexity of their problems at the start, the length and type of treatment and skills and experience of the therapist.

By carrying out such studies over the coming years, researchers can not only assess the effectiveness of the treatments available but can also raise questions about and inform on service delivery models with the aim of improving the treatment and outcomes for those with psychological problems.

Check these for more information:

mentalhealth.org.uk

mentalhealthcare.org.uk

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/dh_083150 (also [dh_4007323](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/dh_4007323))

FEED YOUR HEAD.

PAGE TWENTYNINE.

WE ASK SELECTED ACADEMICS TO RAISE THE BAR.

FEED YOUR HEAD.

THIS MONTH DAVE SAXON ON PSYCHOLICAL DISORDERS.

PAGE THIRTY.

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So it's finally here, love it or hate it the Carling Academy has branded its name onto the skin of Sheffield offering a plethora of high profile gigs at high profile prices to the throngs of unthinking music fans that will effortlessly fill it walls week after week.

However, much like the beer from which it takes its name, the Academy offers only the bland and the mainstream. Rest assured that the inside of the new academy will look like the inside of all the other academies, that line ups will be the same as all the other academies, and that of course, the beer will be the same as in all the other academies.

The Carling Academy does not aim to represent the desires of the city, will not be showcasing local unsigned talent or even be offering interesting independently labelled artists. However, there are a few venues in Sheffield who have been doing that for years and woe betide those who forget them.

The Corporation, The Leadmill and The Boardwalk have stood tall in the face of adversity before. All three are long time supporters of local music and are not corporately sponsored by purveyors of unfathomably poor lager.

We will continue to support our local scene be it the acts, promoters or the venues, these are the things that make Sheffield unique. I for one like individuality, choice and variety, and at Now Then we actively encourage others to realise that these are the things that make us free.

Continue to support the venues that have supported you or very quickly we could all learn the lesson that without choice we are without freedom and musically right now in Sheffield that means swallowing your music with a pint of fucking Carling.

REG REGLER.

SOUNDCHECK

WHAT WE LIKE IN MUSIC THIS MONTH.

PAGE THIRTY-TWO..

BENEDICT EVANS

THE APPLES. @ CORPORATION. 7TH APRIL.

myspace.com/
theapplesmusic

8 piece Israeli funk outfit, The Apples, returned to Sheffield on a bleak Monday evening and quickly set about bringing cheer to the hundred or so gathered on an otherwise miserable day.

The combination of the four piece horns section backed by two DJs, drums and double bass attracts a wide variety of music lovers and with the likes of the Hot 8 Brass Band, The Bamboos and the Youngblood Brass Band already kicking up a storm with their respective blends of funk, soul, hip hop and jazz, The Apples seem perfectly placed to build on their already growing fan base. However, unlike the aforementioned artists, The Apples are hindered by their desire to over impress crowds with showmanship. At times, their drummer who clearly leads the band was guilty of this tendency; attacking his drums with so much vigor it was difficult for him to keep time.

Both DJs attempts to scratch cleverly picked out samples from classic funk and soul tracks, often resulted in disjointed breaks and a general loss of groove, an unacceptable shortcoming in a genre so reliant on tightness from the bass and drums. The crowd seemed not to mind though, rallying to call for participation, waving their hands and singing along to the call and response scratches of the two orange suited turntablists. Whilst this trick is a sure fire crowd pleaser, it comes at a price and is undoubtedly detrimental to the bands outstanding horns section, who when given the opportunity shine out brighter than the gold on their instruments, adding weight to the groove and wailing jazz solos to the mix. If the Apples focused more on the organic side of their music pushing their DJs further back in the mix, then their shows would be nothing sort of breath taking, as it stands however, The Apples are a great band and a rare Monday night treat but a long way from being the most impressive brass band around.

REG REGLER

M.I.LOKI @ THE HARLEY. 7TH APRIL. 7 BLACK TENTACLES. // GHOSTHUNTER.

myspace.com/
miloki
7blacktentacles
robrobmusic

Kicking off the night is Ghost Hunter (formerly Rob Rob), a one-man electronica show involving samplers, vocals, a laptop and electric guitar. His music is a laid-back affair, composed of downtempo beats, rising synths and resonant vocals. He seems up against it with the venue sound system but delivers his set with confidence, no doubt winning a few people over in the process.

7 Black Tentacles put on a good show. A sweet combo of cello, sax, violin and flute is layered over a heavy, Rage Against the Machine-influenced rhythm section and a turntablist for interesting results. Whilst they sometimes lack tightness they make up for it through adventurous instrumentation, a couple of spot-on guest vocalists and cool projected visuals, changing tactfully between heavy and soulful and drawing the biggest crowd of the night.

Putting on their first ever live show, deep and bassy breakbeat is the order of the night for local duo M. I. Loki. Sometimes dubwise and sometimes balls-to-the-floor heavy, their own tracks mix a variety of styles, often dabbling in garage and bassline but with a strict focus on breaks. One triggers beats on a laptop whilst the other plays keyboard. An unusual remix of Amerie's 'One Thing' gets people dancing, and the set starts as it means to go on. At points the MC-ing is working well but at others it cramps the music and interrupts the flow. For a first effort it's an impressive performance but for future shows they should focus on incorporating more live elements to draw a bigger crowd and build a reputation.

SAM WALBY.

TINNITUS. RAVERQUEST 2.

FRIDAY 4TH APRIL. @ THE RED HOUSE.

Tinnitus is a legendary night, from the name to the website, to the venues to the music, whether you like seriously heavy dance music or not, you have to respect what these guys do. In two short years, they have created a cult event whose reputation for unabashed beat based brutality has spread swiftly across the seven hills.

The wonderfully original and aptly titled, Raverquest, is no exception to the rule. After spending a couple of frantic hours charging around Quasar Sheffield armed with only a lazar gun, a head full of intoxicants and some seriously vicious beats the party transferred to The Red House, a fantastic venue for a variety of reasons, the foremost of which is their tolerance of such diverse music. And diverse music is what you get at Tinnitus.

Gabba, Techno and Breakcore fuelled the dance floor tonight as DJs, Subhuman Disorder, Eraserhead, Disowned and Bee-log joined the Tinnitus residents for an eight hour long ear pounding.

I can't say that most people will love the music at Tinnitus unless they are already predisposed to the sound of insanely fast, deafeningly loud dance music of the hardest variety tearing through their ear holes. However, I can promise that it is an experience not to miss and the fun of watching 60 or 70 odd mash heads going wild is unparalleled.

myearsarebleeding.co.uk

REG REGLER.

OPUS. 'GOOD DEEDS'

5TH MARCH. @ UPSTAIRS, DQ. THE FATES// DENIS JONES// THE RANDOM FAMILY//

This month, Opus' monthly fundraiser was in aid of the Free Tibet campaign, an especially worthy cause in light of the recent troubles there.

An evening of exceptional diversity was kicked off by The Fates, an acappella singing outfit. Performing folk standards beautifully, they highlighted the value of Britain's folk tradition in a genre which Americana has come to dominate.

Acousmatic guru Denis Jones was next to take the stage. Armed with an acoustic guitar, his voice, a loop pedal and a sampler, Jones creates a bigger sound than most bands and tonight was no different. Influenced by a variety of music, from Radiohead to techno, he sculpts out a sound that is entirely his own, marrying the energy of dance music with the rawness of acoustic delivery to create something exceedingly moving.

Rounding off the night was folk collective, The Random Family. Deftly swapping between a variety of instruments, they demonstrated their virtuoso skills whilst spinning a warming blend of saccharine folk-pop that was as touching as it was twee and got the crowd swaying.

They were followed by Opus DJ's playing the usual variety of aural delights to a crowd surprised at how fun supporting charity can be.

BEN DOREY.

WORDLIFE.

THURSDAY 10TH APRIL. @ THE RAYNOR LOUNGE.

Word Life, have built a reputation for showcasing some of the finest spoken word around and with music to boot we found ourselves inexplicably drawn to this event.

The poetry tonight is excellent, with no poet allowed to occupy the stage too long and all brought to attention by the two men in control, Messer's Joe Kriss and Kayo Chingonyi, whose style and delivery set a tone that did not allow for the pretentious vocal masturbation that nights like these are so often stained with.

The inclusion of Andy Cravan Griffiths, brought the level even higher as he delivered a set of poems based on family relationships, conveying humorous anecdotes with nostalgic poignancy. His set was interspersed with amusing limericks based on the various female characters in Disney movies and the inevitable lad's conversation as to, "who you'd most like to bang".

Whilst the poetry was widely enjoyed by an attentive audience, surprisingly the music seemed to be of little interest. Rosh's set of interesting acoustic indie tracks and Billy The Lonesome Hobo's rambling stories and comic songs of misfortune whilst both performed excellently were sadly unappreciated.

Perhaps only Pocket Satellites' set of bland indie rock deserved the crowd's response but after an hour of spoken word I guess people are just inspired to talk.

REG REGLER.

SOUNDCHECK.

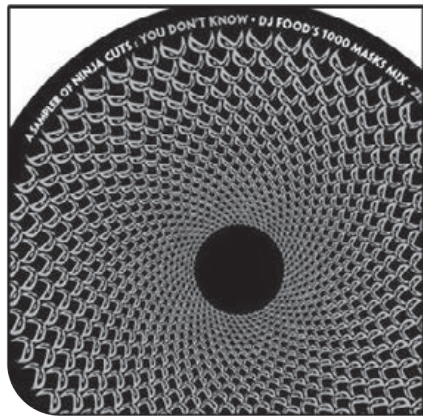
PAGE THIRTY-THREE.

THE APPLES. M.I.LOKI. 7 BLACK TENTACLES. GHOSTHUNTER.

SOUNDCHECK.

NEIL MCSWEENEY.TUESDAY CLUB.Architects of Harmonic Rooms.

PAGE THIRTY-FOUR.



DJ FOOD. NINJA CUTS. 1000 MASKS MIX.

ninjatune.com
myspace.com/strictlykev

The latest DJ Food release is a mix comprised of tracks taken from You Don't Know - Ninja Cuts, a 3CD Ninjatune showcase released earlier in the year representing all areas of the diverse label and its imprints.

Let's just say it packs a lot it. Highlights include the Zero dB remix of Bonobo's 'Nightlife', 'Next Levels' by King Geedorah (MF Doom), and Bigg Jus's sublime 'Say Goodbye'. It's a hectic trip through most genres of electronic music.

A major criticism of this mix is that it all flies by too fast. Packing 39 tracks into less than 50 minutes is perilous, especially when the music is as eclectic as this.

Just as you settle into a smooth hip-hop groove it evaporates and you're into drum 'n' bass territory. Thirty seconds later and a grime MC is telling us how he 'wears his own garms'.

It doesn't give you enough time to enjoy the scenery.

This CD is a fantastic showcase for Ninjatune and its sister labels, Big Dada and Counter, but as a standalone mix it's a bit much.

At the end a sample stutters, "Don't be fooled by the mask I wear, for I wear a thousand masks".

Yes, the label has 1000 masks but this particular mix suffers from trying them all on at once. Get the full 3CD compilation (ZENCD150) if you're serious about exploring the glories of Ninjatune.

SAM WALBY



DENIS JONES. HUMDRUM VIRTUE.

DENISJONES.COM
OUT ON HUMBLESOUL.NET

Denis Jones is the one-man-band of the future. A master of the loop pedal, Jones' live performances showcase his ever-expanding soundscapes of woven guitar parts, inventive percussion, subtle beatboxing, wild noise-making and layer upon layer of luscious melodies and harmonious vocal effects.

Whilst all this is triumphantly represented on record the truly winning qualities of 'Humdrum Virtue' lie in the depth and intelligence of songwriting lurking beneath the gadgetry which sets Jones apart from other hawkers of self-sampling trickery. Robbed of the visual impact of the live experience, Jones' outstanding technical skills bind together a varied collection of styles as Jones moves gracefully across genres, encompassing elements of folk, blues, country and electronica.

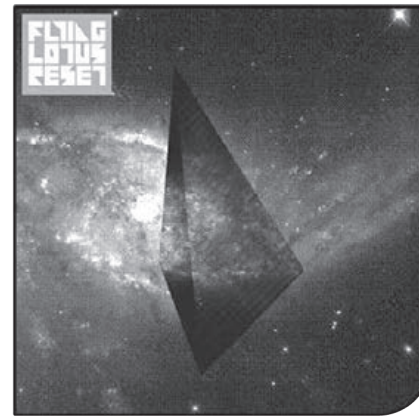
'Loop' is a piece of downbeat electro soul, built out of delicate acoustic guitars, intricate beats derived from all manner of sources and a distinctive, heartfelt melody punctuated by tasteful touches of atmospheric vocal effects.

This moves seamlessly into the stark 'Slumber', a lone clean electric guitar improvising around a melancholy haunting production. In contrast 'Third Song' consists of so many complex parts, layers and sounds crying for the listener's attention, you hardly know what to listen to first, reminding yourself that all this is being created by just one man.

However 'Humdrum Virtue' shows Jones' to be much more than an illusionist with a box of tricks. 'Electricity' finds Jones' unique vocal style and noise-making abilities, joined by double bass, drums and harmonica, creating a blues sound steeped in tradition but sizzling with freshness and modernity. Final track 'Beginning' is a piece of timeless beauty- a true 21st Century folk song which develops out a looped but consistently changing acoustic guitar part, through superb electronic flourishes and the distant fanfare of a solitary trumpet.

Denis Jones is one of the most exciting and innovative young talents in Britain. Get 'Humdrum Virtue' and discover why.

WILL HUGHES.



FLYING LOTUS.

MYSPACE.COM/
FLYINGLOTUS

OUT ON WARP.

Flying Lotus- Reset EP Warp Records Californian hip hop producer Flying Lotus has been known on the underground for a number of years, producing innovative and organic sounding beats not only for the Plug Research label, who released his first album, but also for the soundtrack to cult cartoon Adult Swim. He signed to Sheffield based Warp records in 2007 and subsequently released his Reset EP on the label. Influenced by a number of genres, from traditional south american sounds to soul, the EP serves as a pointer towards what this exceptional artist is capable of. Whilst staying true to his hip hop roots, the talented producer has moved towards a slightly more electronic sound with similarities to label mates Aphex Twin and Boards of Canada apparent in songs such as Dance Floor Stalker and Spicy Sammich. What is incredible about Flying Lotus' production is that despite this heavy electronica influence he retains the warm sound born of the slightly out of kilter drum patterns and analogue sampling that have earned him comparisons with Madlib and J Dilla. With an album apparently in the pipeline-also on Warp- there is a great deal to look forward to from this exceptional producer.

BEN DOREY.



THE CAROL ANNE SHOWBAND.

MYSPACE.COM/
THECAROLANNESHOWBAND

Sheffield based The Carol Anne Showband, serve up some lovely quirky blues here, complete with slide guitar, multiple vocal layering and subtle rhythms beat out accordingly.

Throughout all four tracks one gets the impression that live is where these songs will truly come to life. The sing along harmonies and harmonica accompaniments lend a feeling of outright fun to the recordings, in particular, check out 'Two Steps' a great number about the famous chip shop on Sharrowvale Road. However, one cannot escape the fact that blues should be enjoyed in the flesh so whilst it is certainly worth a visit to this webpage for a listen, I strongly recommend a glance at their gig listings and a trip out to see The Carol Anne Showband live very soon.

www.myspace.com/thecarolanne-showband

WILL HUGHES.



KICKFLIP. DAT SOUND BREAKIN EVEN RECORDS

With this release, one of Fat! Records consistent performers, yet again proves that he is on the ball production-wise, only this time, away from his main label releasing this particular track on 'Breakin Even'. 'Dat Sound' brings a blend of funk fuelled guitar riffs chopped up that, in its entirety, wouldn't be out of place in the middle of a Prince track! Expect the accessibility we've come to know and love along with that warm nu skool snap and bass line that makes Kickflip one of Sheffield's (nay breakbeats?) finest.

On the 12inch release there's also a great bass heavy mix of 'Disco Shit' by Jay Stewart (signed to 'Breakin Even') - a definite future breakbeat force to be reckoned. It's no surprise that one of breakbeats up and coming stars and long time breakbeat jiver are matched together on this all round high quality release.

myspace.com/bobkickflip
breakinevenrecords.co.uk

RICH SMOLENSKI.

REVIEWS.

PAGE THIRTY-FIVE.

CLARK//TURNING DRAGON. JOHN FAIRHURST//JOYS OF SPRING

REVIEWS.

FLYING LOTUS.CAROLANNE SHOWBAND.KICKFLIP.

PAGE THIRTY-SIX.



BISON.

PAGE THIRTY-SEVEN.

BISON HAVE BEEN ON TEMPORARY HIATUS, BUT FEAR NOT, THE HOOF STOMPING PARTY BEAST OF A BAND IS BACK. AFTER TEARING DOWN THE NOW THEN LAUNCH PARTY AT UPSTAIRS, DQ, WE CAUGHT UP WITH SOME OF THE BAND TO DISCUSS PERSONNEL CHANGES, THE LOGISTICS OF RUNNING A 9 PIECE SKA BAND, THEIR NEW ALBUM AND BIZARRELY ENOUGH, ZAMBIAN HAT WEAR...

NOWTHEN-
So you guys have had a few changes to the line up?

Giles: "Yeah, we've just had such a turn over of staff, there's only four of us from the original line up. I think there has been 16 in total, alumni of bison. Obviously we've lost quite a lot of people, six in total, but I'm loving the line up we've got at the moment, it's great. We are nine piece again now which is the original number. It's come full circle".

NOWTHEN-
What can we expect from the album?

Giles: "It's called Saturday Big Shop, which also the title of one of our tunes on the record, which Jim wrote about having a whitey in Tescos, when he'd been up all night".

Chiv: "It's about the morning after the night before when you basically just need more booze!"

Barry: "It was actually recorded on the same sound desk as Bohemian Rhapsody and Nevermind The Bollocks".

NOWTHEN-
Where is the studio?

Chiv: "It's called The Lodge in Northampton but basically the desk used to be in Battery Studios in London and has recorded Police and Queen and the Sex Pistols in its time. It annoying that doesn't immediately give you a qualification for have a sound that is at least as good as theirs. Queen recorded on this why doesn't our stuff sound that good?"

Giles: "It doesn't mean anything really, it's just something that we can bore our children with".

NOWTHEN-
How did you finance the recording?

Giles: "We earned a big fat pile of cash basically. We played a gig for some toffs in Edinburgh and they paid us handsomely for it, and we were very grateful. It paid for us to record the album in this lovely little studio in an otherwise pretty wank area of Northampton".

Barry: "Which is pretty much all of Northampton".

Giles: "Yeah Northampton is grim but there is a lovely little recording studio down there and they've got this beautiful old analogue mixing desk which is about the size of my house. We recorded about sixteen tracks or something and now we are getting it mastered in America, which sounds well cool, but it's really just the cheapest option".

Chiv: "Yeah, it really is, because of the price of the dollar, it is basically just half price. It's not being mastered over there because Rick Rubin or Steve Albini is mastering it for us unfortunately".

NOWTHEN-
Is it a struggle to record and make creative decisions as a 9 piece?

Giles: "Yes. We've never really had a helmsman as such telling people what to do, I mean some people are more bossy than others but it has always been a bit of a democracy really. We have so many diverse tastes in music within the band that our output is kind of just a mishmash of influences. What comes out comes out, it's all in the mix, it's all good and I think that's one of the best things about it, we argue it out and sometimes it gets a little heated but not really".

Chiv: "We did have a bit of tension during the recording, it's impossible not to. We had ten people living together because the studios had accommodation as well and we were there for about a week and a half so it was quite mental at times".

Giles: "Yeah, but it's immense fun, otherwise we wouldn't do it. We don't get paid really, a few beers here and there but we've always done it for the love of it".

NOWTHEN-
Do you find it hard work and expensive to tour and are you planning to take Saturday Big Shop out on the road?

Chiv: "It's a logistical nightmare. Generally we try to get enough money to there and back and get some food, but we can probably count the gigs we've actually been paid for in terms of each taking some cash home on one of our hands".

Giles: "We did get paid in hats once. That was pretty cool".

Chiv: "Zambian hats no less! It was a gig at the blind centre, it was a show for a Zambian charity and they'd brought back these straw hats. We'd basically asked for our expenses maybe £50 or something and then it turned out that they had these hats. I asked how much the hats we and they said that perhaps we could sort something out. It turned out they had nine so it was clearly a sign. Alas, most of them are dead now, including mine which I dubbed 'The Zambby Pamby'. We love hats!"

Giles: "You can't be a ska band without hats".

NOWTHEN-
In the past you have been described as, 'the peoples band of Sheffield'. How has Sheffield helped to sustain you as a group?

Chiv: "Sheffield is easily the friendliest city in England, we love it!"

Giles: "As a band we've always had a lot of affection for Sheffield, we formed as a group here. We've written songs about Sheffield, our best gigs have always been in Sheffield and we've got a great following in Sheffield. We're all about it really".

Bison will be performing at Stuff't Olives on 2nd May @ Fusion and Foundary, Tonne Of Meat on the 23rd May @ Plug and are due to release their album this month.

allhailthebison.com

REG REGLER.

BISON.

PAGE THIRTY-EIGHT.

SHEFFIELD SKA LEGENDS SPEAK TO NOW THEN.

JASON RAE.

Tragically, on 22nd March 2008, saxophone player in The Haggis Horns, Jason Rae was found dead in a flat in Leeds from a suspected drug overdose.

The 31 year old musician was husband to successful soul singer Corrine Bailey Rae and had just returned from tours with his wife as well as playing alongside Amy Winehouse and Mark Ronson.

Jason's unexpected death has shocked the musical community, leading The Haggis Horns to cancel their two scheduled shows at the Hi Fi Club in Leeds and The Tuesday Club in Sheffield.

The gigs were to be a celebration for First Word Records 2nd birthday, a landmark they would not have reach without the success of The Haggis Horns whose debut album 'Hot Damn' had received widespread critical acclaim from some of the industries most respected names. Mark Ronson is quoted as describing the Band as "the best fucking horns section in the world".

The story of Jason's death was covered widely by the mass media due to his marriage to chart topper, Corrine Bailey Rae, the singer he met whilst she was working in the cloakroom of a jazz club in Leeds. The couple married in 2001 and both subsequently set about forging their musical careers. Whilst Corrine achieved immediate mainstream success, Jason's career had only just begun to bloom, making his passing all the more difficult to bear.

The Haggis Horns were among a small contingency of British artists playing funk music at a time when groups such as The Youngblood Brass Band (US), The Bamboos (Australia), The Hot 8 Brass Band (US) and The Apples (Israel) are all recording and performing with growing success. The loss of Jason and the uncertain future of The Haggis Horns is a particularly heavy blow for the UK's own funk scene.

We at Now Then were huge fans of The Haggis Horns and continue to support First Word Records in all they do. We implore you to go out and buy 'Hot Damn'.

With its heavy grooves and sizzling horns section it is without doubt one of the best funk albums of the decade and fine testament to Jason's outstanding musicality and life. Long may he be remembered.

firstwordrecords.com
myspace.com/thehaggishorns

REG REGLER.

JASON RAE.

PAGE THIRTY-NINE.

COMPETITION

Every month your opportunity to get tickets to a few great shows in Sheffield.

SEND YOUR ANSWERS TO:

ANSWERME@
NOWTHENSHEFFIELD.COM

Firstly, big thanks to everyone who sent their answers in last month.

This month we're throwing in tickets to an Opus show of your choice as well as a mystery Corporation gig. This is your opportunity to get free entry to a few great shows in Sheffield.

We'll throw in a free pint for each gig as well.

This months question is based on the availability of Council Housing for Sheffield's vulnerable and homeless.

Q: In 2007, how many bids were made on the 3900 council houses available to the public?

A: 3900

B: 18500

C: 5000

D: 1000

...Now we're not saying we'd give the answer away but have a little read through the news section...

CITYCOUNCIL.ORG
- join the debate!

Corporation

gigs

Fri 2nd May - £10 adv - 7pm *#

SOMAN

+ MODULATE

Tue 6th May - £9 adv - 7pm *

PARKWAY DRIVE

+ BURY YOUR DEAD + SUICIDE SILENCE
+ SHAPED BY FATE

Wed 7th May - £5 adv - 7pm *#

7 BLACK

TENTACLES

+ EJECTOR SEAT + REDROOM

Thu 8th May - £5 adv - 7pm *

FIGHTING WITH

WIRE

+ ACTIONIER + SUB NOVA

Fri 9th May - £5 adv - 7pm *#

NYAAA

(SOPHIE LANCASTER
CHARITY FUNDRAISER)

+ JOOLZ + DYONISIS + NOVUS

Sat 10th May - £7 adv - 7pm *#

GENGHIS TRON

+ NACHTMYSTIUM

Thu 15th May - £7 adv - 7pm *

HORSE THE BAND

+ ROLO TOMASSI

Fri 16th May - £12 adv - 7pm *#

UNHEILIG

+ FAQ + UBERBYTE

Sat 17th May - £15 adv - 7pm *#

HOUSE OF LORDS

+ SILVERJET

Sun 18th May - £13 adv - 7pm *

WEDNESDAY 13

+ SIGN + EXOTERIK

Mon 19th May - £10 adv - 7pm *#

TODAY IS THE DAY

+ JUCIFER + COMPLETE FAILURE
+ FOUR QUESTION MARKS

Tue 20th May - £7 adv - 7pm *

CANCER BATS

+ JOHNNY TRUANT + HEXES

Thu 22nd May - £6 adv - 7pm *

CRIME IN STEREO

+ THE DON RAMOS PLAYERS + THE LEGACY

Fri 23rd May - £12 adv - 7pm *#

SKINDRED

+ SUPPORT

Sat 24th May - £12 adv - 7pm *#

PANZER AG

(ANDY LAPLEGUA OF COMBICHRIST)
+ DEVIANT UK + SUPPORT

Wed 28th May - £7.50 adv - 7pm *#

ZOLOF THE ROCK

& ROLL DESTROYER

+ MIKE TV + SUPPORT

Fri 30th May - £5 adv - 7pm *#

SCARLET SOHO

+ KIK + CAPITAL X

Sat 31st May - £18 adv - 7pm *#

BAD COMPANY

+ GET VEGAS

Thu 5th Jun - £11 adv - 7pm *

HATE ETERNAL

+ CEPHALIC CARNAGE
+ SKELETONWITCH + MAN MUST DIE

Fri 13th Jun - £12 adv - 7pm *#

36 CRAZYFISTS

+ SUPPORT

Sat 14th Jun - £14 adv - 7pm *#

WHITE LION

+ CRIMES OF PASSION + SUPPORT

Thu 19th Jun - £15 adv - 7pm *

TESLA

+ SUPPORT

Fri 20th Jun - £10 adv - 7pm *#

LOVE GROCER

+ SUPPORT

Sat 28th Jun - £15 adv - 7pm *#

THE PIETASTERS

+ THE SLACKERS

+ PAMA INTERNATIONAL + MUNGOS HI FI

TICKETS FOR ALL SHOWS BY CREDIT
CARD AVAILABLE FROM CORPORATION
BOX OFFICE: 0114 276 0262

* DENOTES SHOW OPEN TO OVER 14's

DENOTES PRICE INCLUDES CLUB ENTRY TO OVER 18's

www.ticketweb.co.uk

www.seetickets.com

BOX OFFICE 0114 276 0262

MILTON STREET, SHEFFIELD

www.corporation.org.uk

Thu 3rd Jul - £6 adv - 7pm *

MASTER CUTLER CHALLENGE 2008

SEVEN HILLS

+ HITOMI + THE UNDECIDED + SUPPORT

+ CORPORATION DJ'S

Thu 10th Jul - £10 adv - 7pm *

COMEBACK KID

+ SHAI HULUD

+ CRIME IN STEREO + DEAD SWANS

Fri 11th Jul - £5 adv - 7pm *#

ARNOCORPS

+ THE DAGOBAN 4 + SUPPORT

Sat 12th Jul - £10 adv - 7pm *#

RED SPAROWES

+ SUPPORT

Wed 16th Jul - £8 adv - 7pm *#

DEATH BY STEREO

+ 1000 HERTZ + SUPPORT

Thu 17th Jul - £10 adv - 7pm *

CONVERGE

+ INTEGRITY + COLISEUM

+ CENTURIONS GHOST

Thu 24th Jul - £6 adv - 7pm *

JOHNNY TRUANT

+ SUPPORT

Sat 6th Sept - £11 adv - 7pm *#

BACKYARD BABIES

+ SUPPORT



CORPORATION.

YOU'LL NEVER LEAVE.

PAGE THIRTY-EIGHT.

HAGGIS HORNS MOURNS.

sessions

APPEARANCES SO FAR...

AIM, SCOTCH EGG,
CLARK, CAPSTONE,
ALIX PEREZ, KIDKANEVIL,
PETER PARKER, P45,
THE PETEBOX, K.I.D.L.I.B.,
4D, DISTORTED PANDA,
FLAT-E EYEBURPS, CLIPBOARD

BACK SOON @ DQ
FITZWILLIAM ST, SHEFFIELD

OPUS-PRODUCTIONS.CO.UK

Threads.

Every Saturday at DQ a group of people from Sheffield play music for lots of people from Sheffield. Some of this music is from Sheffield, Lots of it isn't. 2 Years after its inception Threads. Is still evolving, this would probably be a good time to list a huge variety of genres that you can expect to hear on the night. That won't be happening.

Threads. best characteristic came about almost by accident, having set up the night 2 years ago the boys decided to do a poster but being in a rush they left off any description of the music that would be played. Even now they aren't really sure what it is that they play. It seems to go down pretty well with the regulars though. The nearest description the boys will be drawn on is "Party Music". Quite who's party you could go to and hear Roxy Music followed by Toddla T followed by NWA followed by Motorhead is another matter.

It works. Plain and simple. If you want a night where pretensions are left at the door and an open mind towards music is as important as your new Air Max then Threads might just be the answer to your Saturday nights. See you in DQ then. Love & Kisses.

O'Hara



CHARGED

Champagne Sundays...

Your weekly house
edition...

DQ.

£3 in.

10pm til 2am.

Voted Best Clubnight in Sheffield 2008.
By Exposed Magazine.

Threads.

Every Sat'dy / 5er Door / 10-3.30am @DQ.

Sheffield's finest purveyor of Saturday night
Genre-mashing party vibes. Or summat.

This Month it is **May**.....Here it is:

Saturday May 3rd

The Sugars (LIVE)

Café Racer (LIVE)

Residents DJing

Saturday May 10th

Alan Smyth DJ set

Saturday May 17th...

Made in Sheffield

arrot & T-Bone DJset

Saturday May 24th

Milburn Aftershow.

Last Gig...Last Party.

WILL BE MASSIVE!

Saturday May 31st

Residents & Their:

Bank Holiday Bonanza!

www.threadsproductions.com

We're on that Myspace and that Facebook too



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OPUS - SESSIONS
SUMMER SESSION IS
COMING UP. PEEL YOUR EARS!
@DQ, FITZWILLIAM STREET

OPUS - LISTEN
EVERY WEDNESDAY
@THE GREEN ROOM
DIVISION STREET

**OPUS - ONCE A
MONTH**
2ND SUNDAY OF EVERY MONTH
@DULO, CEMETERY ROAD

OPUS - GOOD DEEDS
1ST WEDNESDAY OF EVERY
MONTH @ UPSTAIRS OF DQ
FITZWILLIAM STREET

OPUS - SOUNDS
EVERY THURSDAY 1-2PM
ON SHEFFIELD LIVE - 93.2FM
SHEFFIELDLIVE.ORG

Issue 2 and we're all smiles. A massive congrats to this month's team of writers, photographers, designers, organisers and general doers - you've done a fantastic job.

It's also been an amazing gig month for us as well - with packed out 'Listen' shows down at the Green room alongside a massive performance from John Fairhurst at our first Dulo session. As I write this, we are avidly awaiting the latest 'Sessions' event down at DQ featuring (among many others) Clark and Scotch Egg. Sounds like a messy one!

So really, just a general well done to everyone in Opus this month. The posting and flyering teams have worked their socks off and the studio seems to be moving forward at a rapid pace as well. Keep it all going, people - you're doing good deeds left, right and centre.

Here's the history for newcomers...

Opus Creations arrived in Sheffield three years ago with the aim of effecting positive social change through arts based projects. Opus stands for something different; in a society where the instant, catchy and corporate seem to be dominant, we seek the positive and the deliberate. We support independence and free thinking wherever it may be found. We support community and the notion that each individual should have complete control over his or her own choices. We support responsibility.

More to the point, Opus supports action, doing.

Since operating in Sheffield we have had the good fortune to be involved in hundreds of live music events for charities and communities, as well as with unsigned and independently labelled artists from across Sheffield and the UK.

Opus puts on a variety of events showcasing anything from poetry and narrative to laptop trickery, DJs and live bands. It is a policy of ours to make our gigs as cheap and accessible as possible. We currently promote four regular events in different venues around Sheffield city. Come along and tell us what you think.

Opus is an organisation which aims to provoke social change. We believe that by informing and motivating an awareness or experience of artistic expressions, styles, and philosophies you can encourage an individual to positively affect themselves and their surrounding environments or communities.

Opus currently operates a small studio and set of rehearsal rooms called Studio 45. We also run a design, print and distribution service called Bad Monkey and host a weekly radio show on Sheffield Live (Thursday 1-2pm, 93.2fm) Have a listen.

Thank you again to everyone who has provided thought or effect in our direction this month - you know who you are and it is sincerely appreciated.

If anyone is interested in getting involved, we're all usually to be found gathered in Dulo every 2nd Sunday at 'Once a Month'.

**SHOWROOM
CINEMA**



JOY DIVISION.
FROM FRIDAY 2 MAY
AT SHOWROOM CINEMA
PATERNOSTER ROW

DIRECTOR - GRANT GEE
2007 | UK | 1HR 40MINS
CERT 15

Hot on the heels of Anton Corbijn's massive hit Control, Grant Gee's film is a fascinating take on the short-lived yet meteoric career of Joy Division, with contributions from the late Tony Wilson, Peter Hook, Bernard Sumner and Peter Morris.

Taking the band as its focus rather than Curtis' tragic end, Gee tells the story of four young working class musicians, definitely out of their depth at times but who nonetheless managed to create two of the most influential albums in modern music.

Unmissable.

showroom.org.uk

THIS IS THE LIFESTYLE SECTION
OF NOW THEN.

LIFESTYLE IS ABOUT PERSONAL
CHOICE. THE CHOICE TO ACT
INDEPENDENTLY AND BRING
YOUR OWN CHARACTER TO
YOUR ACTIONS SHOULD BE
CELEBRATED.

WE'LL BE EXPLORING THE BEST
OF THE UNDERRATED AND
OVERLOOKED INDEPENDENT
TRADERS AND COMMUNITY
GROUPS HERE IN SHEFFIELD;
NOT A CHAIN STORE IN SIGHT.

THIS MONTH THE THEME IS
INDEPENDENT BOOKSHOPS.
CHEAP AND SWEET
KNOWLEDGE FOR THE MIND!

CHECK OUT

RARE N' RACY
DEVONSHIRE ST.

&

PORTER BOOKSHOP
SHARROW VALE ROAD.

WELL WORTH A VISIT
AND A FEW PENNIES...

FEEL FREE TO LET US KNOW
ABOUT YOUR FAVOURITE
INDEPENDENT GEM SO WE CAN
SPREAD THE WORD.

FOR EXTENDED INTERVIEWS AND
FEATURES, VISIT
NOWTHENSHEFFIELD.COM



RARE N' RACY.
164-166 DIVISION ST
TEL - 0114 2493324

Established in 1969, this heaven of a shop is a Sheffield jewel.

Located on Division St just up from the Forum Shops and the Green Room, Rare and Racy sells records, artwork, and naturally, books. It's worth noting that you can purchase a text from here on pretty much anything you can think of - from academia to horror fiction - all at a price that Waterstones would wet themselves over.

Rare and Racy does not simply sell records and books. It plays host to a wide variety of independently published literature, music and art, including Phlegm Comic, Unquiet Desperation, Sandman and of course, little ol' NOW THEN. All of these publications are regularly stocked without question of commission or profit share.

Thank you.

As you walk into this shop you will be struck by the smell and distinct character which pervades every nook and cranny. This is as good a place to spend an afternoon browsing as it is to dash to for 20 mins while it's raining. Talk to the staff; they are fountains of knowledge, purveying all with a degree of contented cynicism that leaves you amused and endeared.

Long live Rare and Racy.



PORTER BOOKSHOP.
OPEN MON - SAT 10 - 6
227 SHARROW VALE ROAD
S11 8ZE
TEL - 0114 266 7762

With an atmosphere of dusty learning, academia and ageing books crammed into a little shop on Sharrow Vale Road, the Porter Bookshop is virtually packed to the ceiling with literary classics.

Its large fiction section covers old and new literature, including a wide range of Penguin classics, and with new stock coming in regularly it's always worth a trip to search through the interesting and eclectic tomes that seemingly prop the walls up. Just off 'Eccy' road, the Porter Bookshop stubbornly maintains an old-fashioned and relaxed atmosphere, reminding us that even in this modern world there's always time to read.

As well as a wide selection of literature, the shop specialises in history, philosophy and film with many academic subjects also covered. Also, working closely with local promoters and art groups, there's always interesting information available on nights and events around Sheffield.

Drop in, browse and discover new books and old classics, find out about nights and events and claim some time back for yourself.

KATIE DUROSE.
HELEN BARNETT.

OPUS.

PAGE FORTY-THREE.

WHAT WE ARE UP TO IN YOUR NECK OF THE WOODS.

INDEPENDENT. GOOD.

TRADERS.

PAGE FORTY-FOUR.

IN THIS SECTION WE'RE GONNA NAME A FEW SHEFFIELD FORMS OF FUN, FOOD, DRINK AND MUSIC; PRETTY MUCH WHAT-EVER SPRINGS TO MIND. THE AIM OF THIS IS TO GIVE CREDIT WHERE CREDITS DUE.

VISIT THESE PLACES, DO THESE THINGS AND GENERALLY ENSURE THAT YOU, HAVE AT LEAST THE OPPORTUNITY TO EXPERIENCE A NOW THEN GOOD TIME. TELL US WHAT YOU THINK AT

FAVOURITESFEEDBACK@
NOWTHENSHEFFIELD.COM

WE LIKE:
**THINKING
CHOOSING
LAUGHING
MUSIC
ART
INDEPENDENT FOLK
PASSIONATE FOLK
GOOD CLEAN FOOD
VIVID EXPERIENCES
AND ANYTHING IN BETWEEN!**

KEEP US UPDATED.. IF YOU KNOW OF A GREAT SHEFFIELD EVENT, PLACE, OR EXPERIENCE TO BE HAD, TELL US AND WE'LL GO CHECK IT OUT OURSELVES.

EVERYONE'S A WINNER.

PEACE IN THE PARK FESTIVAL.

SATURDAY, 14TH JUNE 2008
@ THE PONDEROSA,
CROOKESMOOR VALLEY ROAD.
12PM - 8PM.
FREE

Peace in the Park Festival is in its 6th year, and every year it just seems to get better! Once again we're moving the event, this time to the north of Sheffield and the huge Ponderosa park, the biggest green space in the city centre and a beautiful area which doesn't get as much use as it could. There's loads of stuff happening, with a Main Stage plus Acoustic Space, Reggae sound system, Dance Tent, Kids' area, Healing Area, Arts and Crafts, Independent stalls and food from all over the world plus loads more. Peace in the Park Festival promotes peace and understanding by bringing together communities through artistic, musical and vocal expression, and it's always a wicked vibe, with numbers in excess of 8000 attending last year. And with a little help from the sun, this year's event should be no exception. This time we'll be raising money for the Chernobyl Children's Lifeline, Art in the Park and Ben's Centre, three very worthy charities all with local links, so come along and dig deep.

We're looking for involvement from anyone who'd like to help out. We need obvious stuff like stewards and litter collectors, help with set up and take down, logistics and stage management. We also need people to help collect for our nominated charities, which is loads of fun as it means you get to greet the punters and ask 'em for their hard-earned cash! Training will be provided for all the roles involved so don't worry if you're not entirely sure what you're doing. Stallholders can pitch up and sell their wares (provided they're legal, of course!) for a very reasonable contribution.

Bands and acts wanting to play at the event should send a CD with their details to Peace in the Park, 28 Steade Road Sheffield S7 1DS.

We're also seeking help from individuals and agencies local to the Ponderosa who'd like to get involved in any way.

So get your diary out and ring the 14th June - it's gonna be a corker of a day out!

For more info or to get involved email peaceinthepark@googlemail.com or visit

peaceinthepark.org.uk

THE RED DEER.
18 PITT STREET
TEL - 0114 2722890
REDDEERSHEFFIELD.CO.UK

A refuge from the plasticised repetivity of West Street, the Red Deer is a traditional independent pub that thrives in the surrounding barrage of phallic style two bedroom apartments.

With eight cast ales, traditional home cooked food and a beer garden that is more than an elaborated car park. The Red Deer provides an element of peace away from the meat markets of West St.

Although busy at lunch and evening, people still manage to converse at a volume which doesn't grate the ears and throat.

There are also regular meeting of arts and community groups such as, Open Up Sheffield and Antics.

Enjoy.

THE SHAKESPEARE.
146-8 GIBRALTAR STREET
0114 2799655

Aptly named and directed in Bard-like fashion and ideology, the Shakespeare is a superb pub.

Its live events are superb.

Its selection of wines and whiskies are superb.

The staff are superb.

Most of all, this pub has character and value.

For a change you are not being sold an advert. You are in a space that feels beautifully unique and yet comfortable.

The Bard is a friend...and one we should all see more of!

YABBA.
CARIBBEAN FOOD
DELICATESSEN
158-160 ABBEYDALE ROAD
TEL - 0114 2581111

Yabba is a gem.

Authentic West Indian Cuisine & traditional family recipes.

A massive selection of home-made chutneys, marinades, sauces & pickles are made in store and packed beautifully so you can spice up your home cooking. Lunchtime deals begin at £2.50 for jerk chicken, dumplings & a drink, although it's worth spending a little extra on a proper Caribbean dinner (complete with rice n' pea!). Not only will they deliver but they'll cater for large events too.

Recommended:
Home-made ginger beer & a wedge of rum cake.
Delicious.

COVER LOVER.
WEST STREET LIVE
SUNDAY 4TH MAY 2008
UGIVE2UGANDA.ORG

Mentholman Promotions will be very proudly presenting its 8th Cover Lover Charity event on Sun 4th May at West Street Live.

Each Cover Lover event has a theme and this one will see 17 local bands play their choice of songs that reached No1 in the UK charts.

The £3 door charge and monies raised in the raffle will be donated to

ugive2uganda.org

a charity that provides vital health care and equipment to the rural communities around the city of Mbale, Uganda.

Doors 12.00 noon til late!

ENDLESS.
[MYSFACE.COM/
ENDLESSPROMOTIONS](http://MYSFACE.COM/ENDLESSPROMOTIONS)

Endless has been around for a while but has recently exploded onto the scene pioneering new drum n bass, breaks and dubstep nights Resonate and Asylum as well as taking a leading role in bringing the Valve Soundsystem after parties to DQ.

ASYLUM
2nd Thursday @ Upstairs, DQ

RESONATE
4th Thursday @ DQ

VALVE AFTER PARTY
4th May @ DQ. 4:30 - 8:00am

THE RED HOUSE.
SOLLY STREET
[MYSFACE.COM/
REDHOUSESSHEFFIELD](http://MYSFACE.COM/REDHOUSESSHEFFIELD)
TEL - 0114 2727875.

Recently refurbished, The Red House is a friendly, warm and relaxing pub on many nights of the week, however, on others it is a perfect music venue, allowing band nights and dance soundsystems to take over and run riot.

Their balcony/smoking area with fully operational outdoor heating is a favourite amongst many and coupled with their friendly bar staff and chilled out vibes it is without doubt one of our favourites.

THE GREEN ROOM.
150-154 DIVISION STREET.
TEL - 0114 2493329.

Long time supporter of live music in Sheffield, The Green Room attracts a wide variety of bands, solo artists and punters alike, all keen to get in on the action. Situated perfectly on Devonshire Street, its glass fronted windows invite all passers by to poke their heads in and more often than not, they like what they see and stay.

THE TUESDAY CLUB.
FUSION AND FOUNDRY.
TUESDAYCLUB.CO.UK

For nearly a decade The Tuesday Club have brought the biggest names in hip hop, drum n bass and beyond to Sheffield, indoctrinating year after year of wide eyed freshers to the genres. TTC have always and continue to keep ticket prices down, delivering the worlds hottest DJs at budget prices.

Their line up for the next couple of months is outstanding, bringing names such as LTJ Bukem and Roots Manuva to the Steel City.

GO OUT ON A TUESDAY NIGHT.

FAVOURITES.

PAGE FORTY-FIVE.

PEACE IN THE PARK. THE RED DEER. THE SHAKESPEARE.

FAVOURITES.

YABBA. COVER LOVER. THE INCREDIBLE VAPORSTAR.

PAGE FORTY-SIX.

VAPORSTAR.
VAPORSTAR.CO.UK

Local Sheffield tattooist and inventor, Dave Murray, has recently received 3rd Prize for Best New Product at the 20th Anniversary Cannabis Cup.

After designing and piloting the Vaporstar, Dave went into production four years ago.

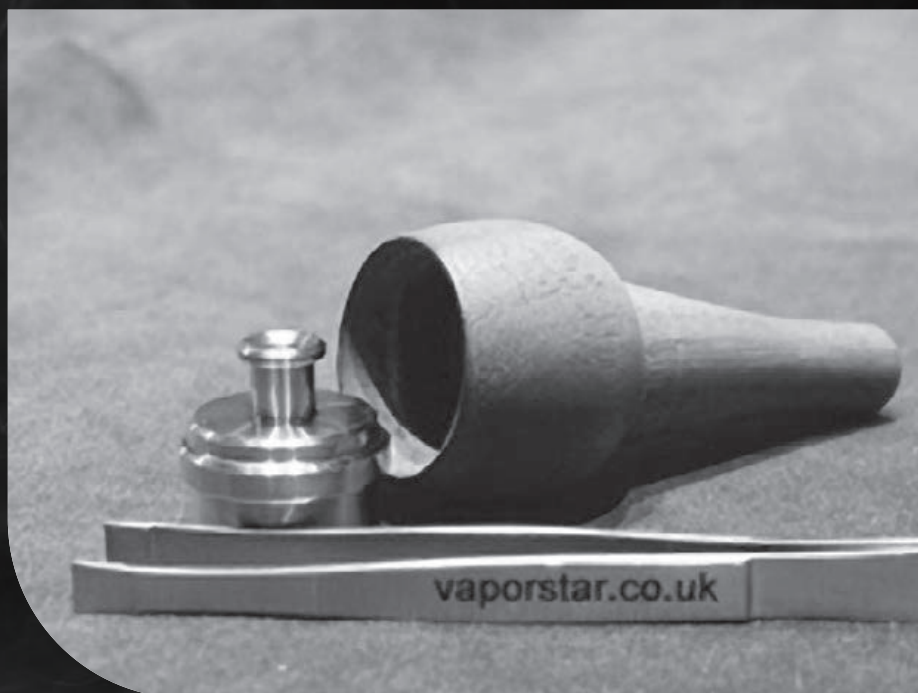
The Vaporstar Vaporising Bowl is the very latest in portable vaporisation technology that will transform your glass pipe into a most efficient and easy to use vaporiser. Crafted to fit the joint sizes of most standard acrylic bongs and from 14.5 to 18.8 sized joints in glass bongs, the Vaporising Bowl comes with fully descriptive instructions and a handy pair of tweezers for handling the metal parts when they are hot.

How does the product work?

By heating the 'tobacco' to just below combustion temperature where the oils containing the flavours boil into a steam rather than burning and releasing smoke and tars.

How does the product fit in with the current smoking ban?

It sidesteps it quite neatly as Vaporstar produces steam not smoke - nothing illegal going on here.



How has the product been received on the market?

With awe and suspicion in equal measure. 'How can it be a proper vaporiser?' they ask. It's so cheap in comparison with other (mainly electric) models and yet has been referred to as the holy grail of smoking.

What will this new product bring to the public?

Health and wealth in some small measure. Vaporstar is a healthier option than smoking and cuts down on smoking product consumption by 70%!

VAPOUR FACT:

Smoke contains many burnt and charred particles of plant matter which stick in your lungs. With vaporisation this doesn't happen as all the solid plant matter stays in the bowl, while the resins containing the flavour boil off into a tasty steam.

VAPOUR FACT:

When plants are smoked, almost 80% of the active ingredients are burnt away before reaching the lungs. Using the Vaporstar for this method of vaporisation is over 90% effective. After designing and piloting the Vaporstar, Dave went into production four years ago.

Dodge the smoking ban!

PHOTOGRAPHERS.

WE WORK WITH SOME TALENTED PEOPLE.
OUR PHOTOGRAPHERS ARE
NO EXCEPTION.

IN THIS ISSUE WE HAVE

GEORGE OLIVER.

JOANNA SUTHERLAND.

BENEDICT EVANS.

GONZOGALLERY.CO.UK
FOR SALES AND COMMISSIONS - GONZOGALLERY@GMAIL.COM
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IF YOU LOVE THIS CITY, IF YOU ARE A
PROFESSIONAL OR JUST HAVE THAT
ONE PERFECT SNAP OF SHEFFIELD,

GET IN TOUCH.

NOWTHENSHEFFIELD.COM

FAVOURITES.

I'M ONE OF THOSE OLD SCHOOL BRAVES FROM THE DAYS YOU COULD BLAZE AT RAVES.

Dulo May brings super HEAT

Sat 3rd: Soul in the City

Super Dope Freshness from
DI 15 & Lady D
6pm onwards...

Sunday 4th: Bank holiday Jump off

Dave Farrell & Scott Monkz
4pm onwards...food served 3 till 7

Saturday 24th: Dulo is 5 Birthday Weekend

We have none other than
**REGLOOSE, CHRIS DUCKENFIELD
& DAVE FARRELL**
HERE TO BLOW YOUR MINDS!!!! 6pm till 1am

Sunday 25th: Dulo is 5

Super funky All Day Residential Showdown...
Dulo past, present & future mixing it up for ya...
Plenty Music.. Plenty Food.. Maximum Pleasure..
3pm till 1

dulo..17 Cemetery Rd. Sheff..0114 2739392



LISTEN...

A weekly event of acoustic music and spoken word
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102 Devonshire Street, Sheffield, S3 7SF.
(0114)2493461 www.RockyHorror.co.uk



THERES A STORM COMING

END.

PAGE FORTY-NINE.

YOU HEARD.

jocosa
LOUNGE / BAR

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platters and sweet treats
Locally sourced, fresh ingredients

Try our homemade beef or veggie burger with hand cut
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Haddock Fish Cake
Nachos

BAGUETTES £4

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Steak & Onion
Cheese & Pickle
Ham
Prawn Mayo

JACKET POTATOES £4

Tuna Mayo
Cheese
Prawn
Beans

MAINS £6

Penne Aribiatta
Macaroni Cheese
All Day Breakfast

Beef Burger with relish & hand cut chips
Chicken Burger with mayo & hand cut chips
Lentil Burger with hummous & hand cut chips
Lemon & Lime Chicken with hand cut chips & salad
INCLUDES ANY 1 BOTTLE OF LAGER OR SOFT DRINK



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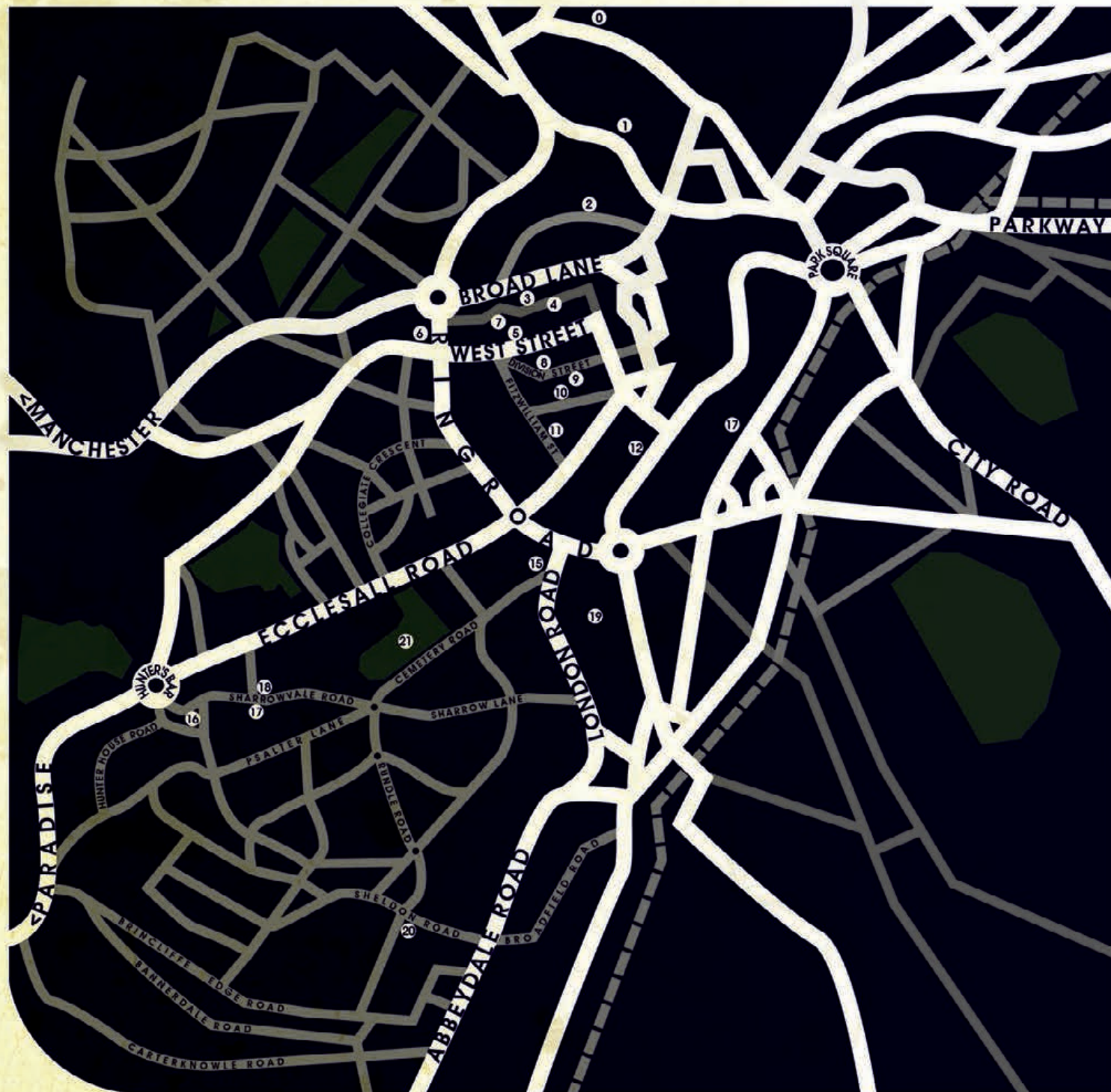
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OPENING TIMES

MON TO SUN 5:30pm to Midnight
FRI & SAT 5:30pm to 1am

Payment accepted by all major cards
347 Sharrowvale Rd. Hunters Bar
www.bilashtandoori.co.uk





- | | | | |
|-----|-----------------------------|-----|-------------------------|
| 0. | ALI HEATH COOK. | 11. | DQ. |
| 1. | THE SHAKESPEARE. | 12. | URBAN GORILLA. |
| 2. | THE RED HOUSE. | 13. | THE SHOWROOM. |
| 3. | FAGANS. | 14. | GREEN ROOM. |
| 4. | THE DOG AND PARTRIDGE. | 15. | DULOS. |
| 5. | JOCOSA. | 16. | BILASH. |
| 6. | THE HARLEY. | 17. | SHARROWVALE LAUNDRETTE. |
| 7. | THE RED DEER. | 18. | RONEYS. |
| 8. | RARE N' RACY/SUE CALLAGHAN. | 19. | CAFE EURO. |
| 9. | GOLDEN HARVEST. | 20. | THE OLD SWEET SHOP. |
| 10. | CORPORATION. | 21. | CEMETERY PARK. |

MAP.